

Contents

2	'At a Glance'
3-4	Chairman's Statement
5	Auditor's Report
6-8	Administrator's Report
9	Main Grants and Donations over £1,000
10-14	Development Officer's Report
15-16	Trustees Report
17	Statement of Financial Activities
18	Income and Expenditure Account
	Statement of Total Recognised Gains and Losses
19	Balance Sheet
20-22	Notes to the Financial Statements
24	List of Members How to Find Us
	Inside Back Cover - Criteria for Grant Making

Annual Report figures at a glance

Direct Charitable Expenditure

£429,582

UP 4%

Total Net Assets

£9,921,589

DOWN 2%

	2015	2014
	£	£
Direct Charitable Expenditure	429,582	410,893
(Deficit)/Surplus	(81,302)	(60,989)
Realised Gains on Sales of Investments	105,020	(10,469)
Unrealised (Losses)/Gains on Valuation of Investments	(272,349)	499,107
Total Net Assets at 30th September 2015	9,921,589	10,170,220

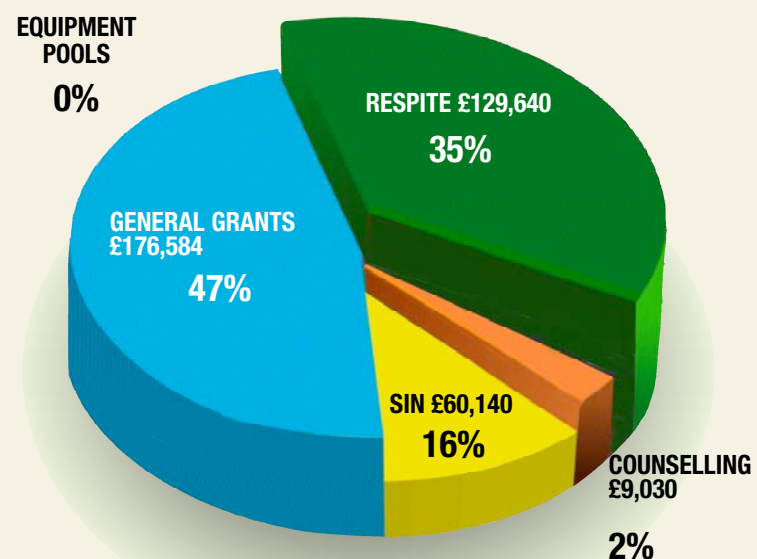
General Applications

Equipment	6
Accommodation	2
Communication Aids	1
Minibus	2
Mobility Recycling Project	1
Research	2

Total 31 (Last year 35)
 14 accepted
 11 unsuccessful
 6 deferred

Breakdown of total Grants Expenditure

TOTAL £375,394



Chairman's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2015

President:	A H Frost
Directors:	C Hayward MBA (Chairman) P W E Fitt FCA (Company Secretary) Dr. N J Busfield MA, PhD Dr M P Hickman MB B.Chir DCH A W Livesley LI.B M F Pertwee BA (Hons) Dr. T P Rudra MBBS FRCP E. Thrower DipCOT MHCP
Administrator:	Stephanie Grant
Development Officer:	Rodney Appleyard BA (Hons)

I am pleased to introduce this year's Annual Report for Colchester Catalyst Charity's 27th year of operation.

For the 2014-15 financial year, Colchester Catalyst Charity agreed a grant allocation of £450,000. Of this, £375,394 worth of grants (83%) was spent, with expenditure spread across Equipment Pools, Special Individual Needs, Counselling, Respite Care and General Grants. You will see in the reports from Stephanie Grant, our Administrator and Rodney Appleyard, our Development Officer, more details about recipients of this grant allocation. One of the big differences this year, is that due to Rodney's work with other funders, between September 2014 and September 2015, grants from Catalyst have also resulted in £100,000 worth of extra money being generated through partnerships and matched funding opportunities. This is an area of work that we



Christine Hayward MBA - Chairman

want to continue into 2015-16. The Board has agreed to increase Rodney's hours to cover two days per week on a temporary basis, so that there is more time to spend on this work. Depending on its success, this may become a permanent change.

In September 2014, the Board undertook its biennial Strategic Review and agreed that the general balance of grants was reasonably correct. We are very pleased that the allocation for 2015-16 will remain at £450,000

and we would hope that a greater percentage of this amount will be allocated to high quality applications. Even though there has been some fluctuation in the Stock Markets, there is enough confidence that the financial markets will even out and that we are well on the way to reaching our Capital Reserve target.

Starting in 2017, our financial year will run from January to December each year. This is due to that fact that we now have our AGMs in April and by making this change, the AGM will be much closer to the end of the financial year than at present. From the end of September 2016, to the end of December 2016, the Board will therefore make interim arrangements for grant allocation, so grant applicants will not be disadvantaged.

Last year, following the 2014 Workshops, the Charity made efforts to ensure that there was a parity of grants across Tendring and Colchester and that some larger projects were helped in the Tendring area, for example the CAB mobility recycling project and CVS Tendring's work in Harwich and Dovercourt. This will continue in 2015-16. However, we are mindful that we need to also receive more grant applications from the west of our area of benefit

► and this will be a priority for development.

In the light of continuing financial restraints in the health economy, the question of our charitable activities straying into meeting the obligations of statutory authorities remains an issue. We remain vigilant without becoming overly bureaucratic, as we want to remain an organisation which can respond quickly to good ideas and identified health needs. In order to know whether our grants have made a difference, we have recently introduced a feedback system so that grant recipients will be asked to let us know that a grant has been spent and the impact that it has made on people's lives.

Adrian Livesley retired from the Board in September 2015. He has been a wonderful colleague and Vice-Chairman and contributed wise counsel, ideas, humour and enthusiasm throughout his tenure on the Board. Adrian has been invited to become an Honorary Life Member and he has graciously

accepted. We will miss him immensely. Mark Pertwee has kindly agreed to replace Adrian as Vice-Chairman.

I very much hope that the members will endorse a new Board member, Keith Songhurst, who is a partner at Birkett Long. Keith joined the firm in 1999 having gained valuable commercial experience at British Telecom and legal experience in an international engineering company. On qualifying as a solicitor in 2001, he joined the Commercial Litigation and Construction Teams at Birkett Long, was made a partner in 2008 and became Head of the South Essex Dispute Resolution Team in 2011. Keith will bring his legal expertise and interest in the charitable sector to the Board and be a very valuable asset.

The objects of Colchester Catalyst Charity remain the same. Within our aim to relieve the sick and suffering by making a positive and ongoing contribution to the improvement of healthcare in North East Essex, the Charity would also

want to consider projects in the field of preventative medicine, where the link between the prevention and positive health outcome is evidence based. Rodney and Stephanie will be working on this with our partners.

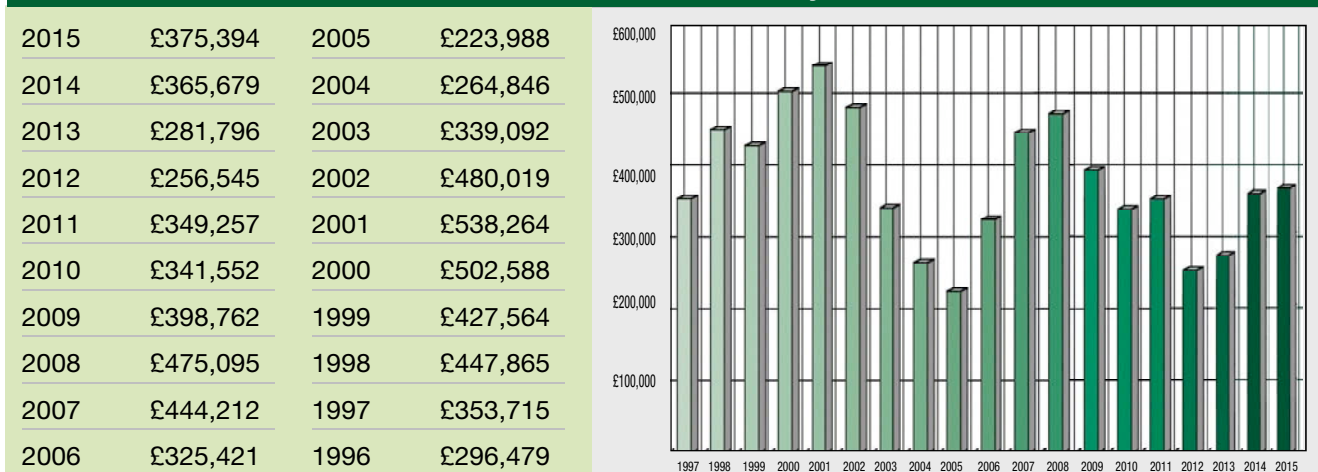
My thanks go to those partners – the Special Individual Needs Committee, the Respite Care Committee, the charities, organisations and all the individuals with whom we work and who help us to make that contribution.

My thanks also go to our superb team of Stephanie, Rodney and Wendy Larkin and to the Board. They are all committed to carrying out the object and policy of Colchester Catalyst Charity, by continuously reviewing performance and improving the way we think and contribute creatively to making a difference to the health of people within our area of benefit.

We remain very excited about the catalysing that Catalyst is involved with!

Christine Hayward
Chairman

Total Value of Grants on a Year-by-Year basis



Independent Auditor's Report

TO THE TRUSTEES OF COLCHESTER CATALYST CHARITY

We have audited the financial statements of Colchester Catalyst Charity for the year ended 30 September 2015 set out on pages 16 to 22. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Accepted Accounting Practice).

This Report is made solely to the Charity's Trustees as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its Trustees as a body, for our audit work, for this Report, or for the opinions we have formed.

Respective responsibilities of Trustees and Auditors

As explained more fully in the state of Trustees' responsibilities, the Trustees are responsible for the preparation of accounts which give a true and fair view.

We have been appointed Auditors under section 144 of the Charities Act 2011 and report in accordance with regulations made under Section 154 of that Act. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

Scope of the audit of the accounts

An audit involves obtaining evidence about the amount and disclosures in the accounts sufficient to give a reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or error. This includes an assurance of: whether the accounting policies are appropriate to the Charity's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the Accounts. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on accounts

In our opinion the accounts:

- give a true and fair view of the state of the Charity's affairs as at 30th September 2015 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information in the Trustees Report is inconsistent in any material respect with the accounts; or
- sufficient accounting records have not been kept; or
- the accounts are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Rachel Skells

BA FCA (Senior Statutory Auditor)
for and on behalf of

Whittles Chartered Accountants
Statutory Auditor
Whittle & Partners LLP
Century House South
North Station Road
Colchester
Essex
CO1 1RE

Dated: 13th January 2016

Whittles is eligible to act as auditor in terms of Section 1212 of the Companies Act 2006.

Administrator's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2015

Since Catalyst became a grant making charity in 1990 nearly £9 million has been given in grants. This is my sixth Administrator's report for Catalyst and we continue to work closely with a small dedicated team comprising Rodney Appleyard, our Development Officer, Wendy Larkin, Administrative Assistant and myself. We all feel very happy and privileged to be working for the Catalyst Charity, by bringing help to those people who fall outside the remit of the statutory bodies.

During the year, the Catalyst Trustees considered 31 General Applications from various organisations in our area of operation, of which 14 (45%) were successful. Nearly £177,000 was spent on general grants (£140,000 last year).

The overriding aim of the Catalyst Charity is to provide support where it will benefit the greatest number of

people by making direct contributions to organisations for specific and well defined projects. This year we have considered a variety of good applications and have made a positive and on-going contribution to the improvement of healthcare within the community of North-East Essex.

We have been involved with some exciting and innovative projects this year and we have made grants to a wide range of different organisations in our area of benefit. It is always our intention to work with groups and to encourage them to seek match funding from other organisations and our grants often act as a catalyst to release such funding.

With this in mind, we were pleased to make our largest grant this year of £41,498 to the Tendring Citizen's Advice Bureau (CAB) for their

Mobility Recycle Project. This grant enabled CAB to pump prime a community re-equip project which recycles unwanted mobility, assistive and medical aids which are destined for landfill thus helping the high numbers of elderly and disabled people living in the Tendring district to access the equipment that they are unable to obtain through statutory means.

This was a large project involving partnership working with other organisations that not only improves the health and wellbeing of 1,500 disabled residents but also provides opportunities for unemployed people to take up volunteer work placements to increase their skills and employability

Our grant of £22,000 to CHAPS (The Men's Health Charity) enabled them to purchase a portable ultrasound scanner to scan for Abdominal Aortic Aneurysms and other incidental major abdominal conditions. This equipment will benefit approximately 250 men below the age of 65 who are ineligible for NHS screening thus fitting the Catalyst criteria for funding where no statutory funding is available.

We made a grant of £20,000 to Acorn Village to assist with the funding of specialist care equipment such as hoists, therapeutic bathing, and a nurse call system.

It is hoped that this project will enhance the lives of ageing adults with learning disabilities at Acorn Village by providing a home which will give them as much independence as possible in their later years and also reduce the pressure on local



Stephanie Grant - Administrator



Wendy Larkin - Assistant to Administrator

authorities. The equipment we funded is crucial to its success.

Another exciting new venture was the grant of £15,000 we made to Market Field Special Needs School towards a Sensory Pod. Market Field School recognise that autistic children and young adults have a variety of different sensory needs across all senses. Addressing the sensory needs of children with autism is essential for the child's physical health and wellbeing as well as helping with their ability to cope mentally with a situation.

A Sensory Pod can enable an autistic child to leave the world behind and to travel to any place of their choosing. This can help to stimulate the imagination, increase engagement and aspiration.

We were delighted to make a grant towards the cost of funding the expansion of Joseph's Court in Colchester for MS-UK. MS-UK provides support to all people affected by MS (Multiple Sclerosis) including people with MS, their carers and professionals.

Our grant of £12,284 will enable this group to expand the services offered, extend their opening times and keep up with rising demand.

Another grant we made was to St. Helena Hospice. St Helena Hospice provides high quality specialist palliative care for anyone over the age of 16 living with a life-limiting illness. We made St. Helena a grant of £9,800 for equipment for a rehabilitation room that the Hospice had identified within the in-patient unit that could be refurbished into a self-contained dedicated rehabilitation and re-enablement suite.

In March we attended the HRH Livability Treetops Visit at Highwoods



ST Josephs Court caption



MS-UK held an open day to which Catalyst caption caption caption etc etc etc

in Colchester and were in the presence of their Patron, Her Royal Highness The Princess Royal. Livability work with disabled and disadvantaged people to help them achieve real choice, independence and opportunity and focus on what can be done rather than on what cannot. Treetops is a high dependency Centre in Colchester that provides 24 hour nursing and personal care for mainly younger residents with profound and multiple disabilities. We made this group a grant of £7,500 towards the cost of a therapeutic bath to be used by most of the residents to maximize the dignity and

independence of the disabled residents.

We made a grant of £13,500 to the Stepping Stones Play and Learn Group which is the second tranche of their grant to provide early intervention for disabled children aged 2 and under and support for their parents/carers within the special needs Tots Group and the nursery itself. This will be achieved by helping parents to communicate with their child with aids such as Makaton and PECS and to learn behaviour management techniques to reduce stress levels when dealing with challenging behaviour.

► Other grants included contributions to Tendring Community Transport and Manningtree and District Community Bus towards the cost of minibuses for these organisations, a grant of £6,400 to the Speech and Language Therapy Department of Colchester Hospital for Communication Aids Devices and £7,703 to Bright Lives for IT equipment and software.

We also made a grant of £5,000 to CVS Tendring to carry out a feasibility study to identify gaps in the services they offer in the Harwich and Dovercourt area to support the residents of these areas to better manage their health conditions and to live healthier independent and longer lives. A grant of £1,500 was also made to Mencap for equipment for people with learning disabilities

We continue to support counselling services and this accounted for just over £9,000 during 2014-2015.

Special Individual Needs (SIN) grants continue to be an important part of our work. There were 200 applications of which 162 were successful. Once again the vast majority of grants provided mobility equipment for those who could not obtain it from the statutory providers. We continue to work in partnership with the Neuro Rehabilitation Unit at Colchester General Hospital to bulk purchase 3 and 4 wheeled walkers which they distribute as necessary. We also work in partnership with North East Essex Wheelchair Services and have an arrangement with Anglian Community Enterprise to part fund childrens' sleep systems. Christine Hayward continues to chair the SIN committee and the group, which meets every 4 to 5 weeks, is made up of health professionals.

We regularly receive letters and cards

of thanks from individuals and their carers who are so grateful for the help provided – our SIN scheme clearly conforms to Catalyst's criteria of using our funds to help relieve the sick and suffering in North-East Essex.

The Catalyst respite scheme continues to represent a significant part our budget and in the year 2014-2015 £129,640 was spent on arranging short term respite care. This scheme allows full-time carers to have a break from their caring duties. We work in partnership with about a dozen care organisations, listed on the inside on page 9 of this report. Our partners are trained as assessors, and each organisation has an agreed annual budget. We monitor the activity and meet together as a group twice each year.

In 2015 we launched a couple's pilot respite project and this has been a great success. The scheme enables couples to go out for the day together with the help of a professional carer. Popular outings include visits to garden centres and tea rooms.

There was no spend on Equipment Pool Equipment during the year 2014-2015.

Last year we held workshops in Colchester and Tendring. As a result of conversations held at these

meetings, we have established a number of match-funding relationships with other funders that have led to joint support and resulted in a number of successful grant applications.

In communicating Catalyst's activities our website www.colchestercatalyst.co.uk provides a wealth of information about our services and grants in addition to having links to partner sites providing advice, support and services to help improve healthcare in North East Essex. Application forms for General and Special Individual Needs grants are available to download from the site, as well as copies of past Annual Reports together with a regularly updated news section.

Finally I would like to take this opportunity to thank all my colleagues, Catalyst's Chairman Christine Hayward, Peter Fitt, Company Secretary, the Board, Development Officer Rodney Appleyard, assistant Wendy Larkin and our partner charities and organisations for all their help, support and encouragement during the past year.

Stephanie Grant
Administrator
January 2016

General Applications from Organisations

Year Ending	30/09/15	30/09/14	30/09/13	30/09/12	30/09/11
From Organisations	31	35	44	34	51
Successful	14	16	21	17	21
Unsuccessful/withdrawn	11	17	16	14	21
Deferred	6	2	7	3	9

Special Individual Needs Applications

Year Ending	30/09/15	30/09/14	30/09/13	30/09/12	30/09/11
From Individuals	200	229	218	185	223
Successful	162	192	185	142	177
Unsuccessful/withdrawn	27	20	23	40	37
Deferred	11	17	10	3	9

Main Grants & Donations over £1000

1ST OCTOBER 2014 – 30TH SEPTEMBER 2015

Organisation	Project	Amount
Tendring CAB	Mobility Recycle Project	£41,498
CHAPS	Portable Ultrascan Scanner	£22,000
Acorn Village	Elderly Accommodation	£20,000
Market Fields School	Sensory Pod	£15,000
Stepping Stones Play & Learn Nursery	Early Intervention	£13,500
MS-UK	Expansion of Joseph's Court	£12,284
Tendring Community Transport	Minibus	£10,000
St. Helena Hospice	Equipment for Rehab Centre	£ 9,800
Bright Lives	IT and Software Equipment	£ 7,703
Livability	Bath for Treetops	£ 7,500
Speech & Language Therapy Department	Communication Aids	£ 6,400
Manningtree & District Community Bus	Minibus	£ 5,000
CVST	Feasibility Study	£ 5,000
Mencap	Equipment	£ 1,500

The following local caring organisations receive funding from the Colchester Catalyst Charity for the provision of respite breaks for carers and their families.

Colchester Gateway Club - 01206 867415	MS Respite - 01255 820025
Colchester Carers' Centre - 01206 560997	Parkinson's UK Colchester - 0844 225 3616 (local rate)
Crossroads Care Tendring & Colchester - 01255 860960	Parkinson's UK Clacton - 0844 225 3778 (local rate)
Essex Carers' Support - 01255 474410	SCOPE - 01206 764633
Halstead Day Centre - 01787 476253	Tendring Eldercare - 01255 432132
Headway Essex - 01206 768797	Tendring Specialist Stroke Services - 01255 815916
Mistley Kids Club - 07809 176252	Terence Higgins Trust East - 01206 798595



Development Officer Rodney Appleyard

Development Officer's Report

FOR THE YEAR ENDED 30 SEPTEMBER 2015

I am delighted to report on the success of our work last year, which has been one of the most productive periods I have experienced during my five years at Catalyst. We funded a diverse range of projects that have already improved the lives of the sick and suffering in North East Essex.

During this time, we have worked hard to identify new health needs and support local health organisations with their strategies to tackle these problems. As a result, we have received higher quality applications on a regular basis.

In fact, during the last financial year, we spent 95% of our general grants budget, totalling £176,584 (£139,479

was spent in the previous year), which is the largest amount we have spent for a number of years. This would not be possible without the determination of the people we work with, who constantly suggest new ideas for supporting people with difficult health problems.

Last year's success was inspired by the Workshops we held in collaboration with C CVS and CVST in Colchester and Tendring during September and October 2014. Since then, we have awarded over £100,000 to projects that were discussed and developed at the workshops.

This high level of engagement has

Projects we have supported with other funders

Over the last year, our funding and support has helped to unlock over £100,000 worth of extra funding for health organisations in North East Essex, with a number of new applications in the pipeline that could release a significant amount of additional grants.

MS-UK

Our advice on setting up a self-sustaining fundraising strategy led to the organisation raising at least another £19,285 internally and it is planning an application to the Big Lottery Fund to keep the project going (to expand its physiotherapy sessions for people with MS). We also committed £12,284 to get the project off the ground.

Stepping Stones

Through discussions with us about seeking other funds, the charity has raised at least an additional £27,277 towards a new outreach project we funded for £27,000 (split over two financial years). This project provides vital home support for families with Special Needs Children. £20,000 has been released by the CCG through the assistance of C CVS. Stepping Stones is going to apply to the Big Lottery Fund for long-term support.

St. Helena's Hospice Our support has led to the charity raising an additional £10,000 for a rehabilitation project, in conjunction with our grant of £9,800.

CAB Tendring Our support has led to £5,000 being released from Colne Housing towards the costs of a new mobility equipment project. CAB Tendring has applied to the Big Lottery Fund for longer term support with this project. We also awarded this project a grant of £41,498 for the set-up costs.

Acorn Villages With the help of Catalyst's support and advice on a future project, Acorn Villages has unlocked £89,250.00 from other grants through its funding applications. We also assisted with the review of its potential use of reserves. Additionally, we have committed £20,000 towards this project.

Catalyst works with partners to encourage groups with new applications

Thank you to the Mercury Theatre for allowing us to use its facilities to host number of meetings between health organisations seeking funding for new projects and a variety of funders, including Catalyst, the Big Lottery Fund, Colne Housing and the Fowler, Smith & Jones Charitable Trust. The feedback from the meetings was very positive. Please read some of the responses below.

Mencap:

"The support we have received from Catalyst is great. We need more collaborative working in the way Catalyst is doing. If funders can work in this way, both with each other and with organisations like ours, we can combine our efforts to

maximise the impact for the people we help."

Stepping Stones

"A positive response from two well-respected funders, one local (Catalyst) and one national (Big Lottery Fund), is always personally encouraging and also enables us to demonstrate to other potential funders that we have a proven track record and a viable project.

"Catalyst has been a strong supporter of Stepping Stones for many years and over that time we have been able to build positive relationships with staff and trustees. We value this very highly and are very happy with the difference Catalyst has already made and is continuing to make to the services we provide."



Some of the children who have benefitted from services provided by Stepping Stones

Ed Hickman from the Big Lottery on its 'pioneering partnership' with Catalyst

"As part of the Big Lottery Fund's new Strategic Framework for 2015-2021, which is committed to putting people in the lead, we have been keen to explore new forms of funder collaboration.

"As a funder we greatly welcomed the opportunity to begin working with Colchester Catalyst and other local funders in Essex in 2015.

"Catalyst has organised two funding meetings, the first jointly between Catalyst and Big Lottery Fund, and the second also with Fowler, Smith and Jones and Colne Housing Association. This initiative also integrated into pilot schemes exploring the evolution of simpler application processes to the Fund, another aspect of our strategic framework.

"Feedback from organisations has been uniformly positive. A particular highlight for me was a local hospice looking for funding for a mobile rehabilitation van. The sum sought was within the remit of The Fund. Using The Fund's pilot accelerated application process and with support from both funders the hospice received the funding it needed within one month.

"Taking this approach, we were able to save time and expense by preventing applicants from creating applications that were unlikely to find favour and for funders in assessing them. Using our knowledge of the funding landscape, funders could also point organisations to other funding sources where these seemed more appropriate. The Fund is excited to continue its positive working relationship with Catalyst in the future."

Ed Hickman
the Local Funding Officer covering Essex



Ed Hickman

CASE STUDY

Anna Cunningham thanks Stepping Stones for its support (project funded by Catalyst)

"My two year old Alfie started to show differences from around the age of twelve months. Over the following year, my husband and I became increasingly concerned for him and the behaviours he displayed.

"The paediatrician confirmed that Alfie appeared to have quite a few autistic traits and then we began the process of assessment. After hearing about Stepping Stones, I was offered a home visit by two members of staff.

"When it came to Alfie's diagnosis, Stepping Stones came to the meeting. I was extremely nervous about going but having them there helped immediately. For the next couple of weeks, I hit the floor after diagnosis but Stepping Stones was there for me, even though I couldn't face leaving the home. They made calls to make sure I was alright. They reminded me that I wasn't alone.

"I think that was an integral part of my recovery/acceptance of Alfie's diagnosis of autism. I felt like my whole world had fallen apart. I struggle to put into the words the difference the

support from Stepping Stones has meant to me. In just a few short months of meeting the team, I have found a place where Alfie is thriving (at the Stepping Stones tots group). He can be himself and they understand him completely. The entire team at Stepping Stones is incredible. Their expertise and support is invaluable to families like mine.

"They have quite literally changed the way I cope with the situation. I am starting to feel confident again in my parenting skills. They have shown me that Alfie does have a future and I'm doing well for him as his mother. I don't think I will ever be able to repay them for helping with that."

In January 2016 Anna Cunningham's story appeared in the Colchester Gazette, along with references to other projects we have funded



continued to grow as our relationships have strengthened with a number of other funders, such as the Big Lottery Fund, Colne Housing, the Fowler, Smith & Jones Charitable Trust, the Essex Community Foundation and the Jude Brady Foundation.

As you will see from the comments provided by the Big Lottery Fund and Colne Housing, we have been successful in providing support to a number of interesting projects.

We started a new partnership with the Big Lottery Fund in May 2015, which involved Ed Hickman, the organisation's Local Funding Officer covering Essex, and myself meeting 10 community groups in one day that had previously approached Catalyst for funding. Together, we discussed how we could potentially

provide joint support. The Hospice recently benefited from this work through the setting up of a new rehabilitation centre to help users of the Hospice self-manage their health more effectively. The project received almost £20,000 between Catalyst and the Big Lottery Fund. The Hospice is now in the process of applying to the Big Lottery Fund for an ambitious new Respite project.

Our funding of £41,498 to help CAB Tendring set-up a new mobility equipment recycling project encouraged the organisation to apply to the Big Lottery Fund for long-term support.

The Big Lottery Fund and Catalyst are also working jointly with Colne

Housing and the Fowler, Smith & Jones Charitable Trust to look at how we can all provide joint support as funders, not only through funding but also through our wealth of contacts.

Additionally, we regularly meet with other local, national and statutory funders, such as Children In Need, at the Essex Funder Forum, set up in January 2015. This meeting provides a good opportunity to share knowledge, good practice and also discuss how national, local and statutory funders can work

CASE STUDY

The Hospice's rehabilitation project

The project helps patients remain independent so they can stay in their own homes for longer. It also prevents people from suffering falls and pressure sore development, resulting in unplanned hospital admissions, or possible moves into residential care.

Catalyst funded the specialist health equipment that has been used in a new room to help re-able patients. The service allowed patients to learn vital independent living skills to improve their quality of their life. It has also eased the transition towards physical decline, helping them to develop new coping strategies.

Since the service was funded in December 2014, 801 initial assessments have been made, 2,103 rehabilitation sessions have taken place and 779 patients have benefited.

Rachel Ready, the Hospice's Clinical Rehabilitation Manager from the Hospice says:

"The rehabilitation and re-enablement team are so grateful to Colchester Catalyst for funding this room. It gives us the opportunity to offer a new out-patient service and support our in-patient in a way previously only dreamt of.

"We can now provide scheduled and structured sessions that help patients much more intensively and we have had some great results enabling patients to go home earlier, while reducing the chance of re-admission to the hospice, hospital or care home."



Tracey Chapman, Fundraising Officer for the Hospice

"Rodney introduced us to Ed Hickman, the local Big Lottery Funding Officer. As a result of this, the Big Lottery Awards for All programme has funded a new rehabilitation and enablement van, which staff use to transport equipment to the homes of patients.

"Rodney also set-up a follow-up meeting with the Big Lottery and we are in the process of submitting a Reaching Communities application to develop a new respite ward and

staff it. Patients who undertake a respite break in this ward will also receive intensive support in the in-patient rehabilitation and re-enablement room that Colchester Catalyst funded.

"This is an excellent example of funders working together to deliver an integrated programme of grant funding that will allow us to reach and support a far greater number of patients than if we had applied separately to the funding organisation concerned. We are extremely grateful to Rodney for organising this process and we look forward to continuing to work in this way."



Patients using equipment funded by Catalyst



▶ together more effectively in the future.

The CVS' continue to play a critical role as partners in keeping the momentum going with their structural guidance for organisations and their extensive match-funding knowledge. So it is now very possible for us to collaboratively fund capital costs and find other organisations to cover ongoing running costs, leading to greater sustainability.

Off the back of this successful year, my advice to anybody thinking about applying to Catalyst is to simply talk to us because we might be able help you achieve your most ambitious goals. By working with people in advance over the last year we have been able to bring forward many pro-jects that fit our remit.

In particular, this year we are looking forward to exploring projects in the Halstead and Tendring area, where we do not

receive so many applications. We are also very interested in any projects that address health prevention, especially when it comes to dementia, obesity, diabetes and loneliness.

Additionally, we are working with a number of Special Needs organisations to explore potentially new collaborative support for families struggling to cope at home with difficult health problems faced by their children.

Finally, we are investigating the possibility of setting up a new scheme to help people manage their health more effectively, with the assistance of their carers. So please, pick up the phone and talk to us if you have any ideas in mind that could fit within our aims.

A big thank you also to Stephanie, Wendy and the Board for all of their support over the year.

Rodney Appleyard
Development Officer



Amy Woolf (far right) MS-UK's CEO celebrates the opening of the physiotherapy extra hours service (funded by Catalyst)

Colne Housing on squeezing more out of every £1 with Catalyst

Colne (Housing Society) has a grants programme called Colne Community Builders and has been working alongside Colchester Catalyst throughout 2015. It's a relationship that enables both organisations to target their spend effectively by better understanding local need and finding high quality applicants. In keeping with Colne's 'grants plus' approach, we have also been providing support towards additional resources to help them get their great ideas off the ground even faster.

Alistair Heron, Partnerships and Business Development Manager at Colne Housing explains: "Colne is a small grant maker, giving £20,000 each year. We are all about supporting local communities to meet their own needs with well-planned, sustainable projects. Catalyst has helped us to find some of these and on more than one occasion we've match funded the same initiatives. It's great to work alongside another organisation serious about maximising impact and making a lasting difference."

Aside from regular informal contact, Catalyst and Colne are both one of the first members of the Essex Funder Forum. In November this led to a 'Dragons Den' style workshop with other funders. 8 charities attended and all reported that they'd learnt more about how to present a strong case for funding, as well as being encouraged to submit specific applications (results pending). Alistair viewed it as "a real success" and "due reward for Catalyst's innovative approach."



Trustees' Report

YOUR TRUSTEES PRESENT THEIR REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 30TH SEPTEMBER 2015

Constitution and Origins

The Company is limited by guarantee (number 634588), governed by a Memorandum and Articles of Association and is a Registered Charity (number 228352).

At 30th September 2015 there were 39 members.

Registered Office: 3 Dedham Vale Business Centre, Dedham, Colchester CO7 6BL

Colchester Catalyst Charity became a grant making charity in 1990 following the sale of the Colchester Oaks Hospital, in Oaks Drive, to Community Hospitals PLC. The sale was conditional on Community building a new hospital, to an agreed high specification, by 1994 - this was done and the new Oaks Hospital off Mile End Road was opened in January 1994.

With the agreement of the Charity Commissioners the Directors decided to devote the income from the invested funds resulting from the sale 'for the relief of the sick or suffering of North East Essex'.

The Charity is administered by a Board of Trustees.

Trustees

The following persons being Directors of the Company held office as Trustees since 1st October 2014:

C Hayward MBA	Chairman
P W E Fitt FCA	Company Secretary
Dr N J Busfield MA, PhD	
Dr M P Hickman MB B.Chir DCH	
A W Livesley LLB (retired 25th September 2015)	
M F Pertwee BA (Hons)	
Dr T P Rudra MBBS, FRCP	
K Songhurst LLB(Hons)	
(appointed 11th November 2015)	
E Thrower DipCOT, MHCP	

Administrator and Assistant

S Grant & W Larkin

Development Officer

R Appleyard BA (Hons)

Relevant Organisations

Bankers:	National Westminster Bank, Colchester
Solicitors:	Birkett Long LLP, Colchester
Accountants:	Peter Fitt Chartered Accountants, West Mersea
Auditors:	Whittles, Chartered Accountants, Colchester

Appointment, Induction and Training of New Trustees

Nominations for the appointment of new Trustees are made based on the established knowledge and experience of the candidate and on the likely contribution that the candidate may make to the work of the Charity. All Trustee appointments are subject to election at an AGM and all Trustees are subject to re-election at an AGM every three years.

Trustees are provided with appropriate information and guidance on induction; no other formal training is provided to Trustees.

Objectives and Activities

The objective of the Charity is the relief of the sick or suffering of North East Essex. The Trustees confirm that they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when planning its future activities and setting the grant making policy for the year.

Details of the Charity's activities and achievements during the year are set out in the Administrator's Report.

Grant Making Policy

The Charity's detailed grant making criteria are set out elsewhere in this report. All applications for grants are considered by Trustees and are formally approved. An annual grants budget is set by the Trustees.

Investment Policy

The investment policy is determined by the Trustees, with the benefit of external advice, after considering income requirements, risk profile and stock market prospects in the short and medium term.

Reserves Policy

The Trustees have adopted a policy of endeavouring to retain sufficient funds to maintain the Capital Reserve as at 30th September 1989 adjusted for inflation. The Capital Reserve as at 30th September 2015 required by this policy amounted to £10,276,652 (2014-£10,328,293). It is intended that this policy will be adhered to for the foreseeable future whilst recognising that there may be temporary shortfalls in consequence of fluctuations in stock market values.

Risk Statement

The Trustees confirm that the major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate these risks.

Financial Results

The results are shown in the financial statements of which the following is a summary:-

	2015	2014
	£	£
Direct Charitable Expenditure	429,582	410,893
(Deficit)/Surplus	(81,302)	(60,989)
Realised Gains/(Losses) on Sales of Investments	105,020	(10,469)
Unrealised (Losses)/Gains on Valuation of Investments	(272,349)	499,107
Total Net Assets at 30th September 2015	9,921,589	10,170,220

Plans for Future Periods

The Trustees plan for the foreseeable future to continue making grants with a view to making a positive contribution to improving care of the sick or suffering of North East Essex.

Trustees' Responsibilities

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources, including income and expenditure for the financial year. In preparing those financial statements, the Trustees should follow best practice and:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the Company will continue on that basis.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable Company and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditors

Whittle & Partners LLP - practising as Whittles, has indicated its willingness to continue in office and will be proposed for re-appointment in accordance with section 485 of the Companies Act 2006.

Statement of Disclosure to Auditor

(a) So far as the Trustees are aware, there is no relevant audit information of which the Company's Auditors are unaware; and

(b) they have taken all steps that they ought to have taken as Trustees in order to make themselves aware of any relevant audit information and to establish that the Company's Auditors are aware of that information.

By Order of the Board



P W E FITT
Company Secretary

Dated: 13th January 2016

Statement of Financial Activities

FOR YEAR ENDED 30TH SEPTEMBER 2015

	NOTES	2015 Unrestricted Funds £	2014 Unrestricted Funds £
Incoming Resources			
Investment Income		356,973	363,044
Subscriptions, Donations etc		319	1,266
Total Incoming Resources		357,292	364,310
Resources Expended			
Charitable Activities			
Charity Support Costs	11	54,188	45,214
Grants and Donations	13	375,394	365,679
		429,582	410,893
Governance Expenditure	12	9,012	14,406
Total Resources Expended		438,594	425,299
Net (Outgoing)/Incoming Resources		(81,302)	(60,989)
Gains/(Losses) on Investment Assets			
Realised		105,020	(10,469)
Unrealised		(272,349)	499,107
Net Movement in Funds		(248,631)	427,649
Fund Balances brought forward at 1st October 2014		10,170,220	9,742,571
Fund Balances carried forward at 30th September 2015	9	9,921,589	10,170,220

Income and Expenditure Account

FOR YEAR ENDED 30TH SEPTEMBER 2015

	NOTES	£	2015 £	£	2014 £
Income from Investments			356,973		363,044
Subscriptions, Donations etc			319		1,266
Total Income			357,292		364,310
Charity Support Costs	11	54,188		45,214	
Management and Administration		9,012		14,406	
Grant and Donations	13	375,394		365,679	
Total Expenditure			438,594		425,299
(Deficit)/Surplus for the year	9		(81,302)		(60,989)

Statement of Total Recognised Gains and Losses

FOR YEAR ENDED 30TH SEPTEMBER 2015

	2015 £	2014 £
(Deficit)/Surplus for the year	(81,302)	(60,989)
Realised Gains/(Losses) on Sale of Investments	105,020	(10,469)
Unrealised (Decrease)/Increase in market value of investments	(272,349)	499,107
Total recognised (Losses)/Gains relating to the year	(248,631)	427,649

Balance Sheet

AS AT 30TH SEPTEMBER 2015

	NOTES	£	2015 £	£	2014 £
FIXED ASSETS					
Investments	4	9,685,162		10,066,927	
Programme Investments (Charitable Loans)	6	2,300		10,300	
			9,687,462		10,077,227
CURRENT ASSETS					
Cash at Bank		355,600		172,944	
Debtors & Prepayments	8	1,275		1,411	
		356,875		174,355	
CREDITORS					
Amounts falling due within one year	7	122,748		81,362	
NET CURRENT (LIABILITIES)/ASSETS			234,127		92,993
NET ASSETS			9,921,589		10,170,220
RESERVES					
Unrestricted Capital Fund	10		9,921,589		10,170,220

The Financial Statements have been prepared in accordance with Part VII Companies Act 2006 in relation to small companies.

Approved by the Board on 13th January 2016

C HAYWARD

P W E FITT

} DIRECTORS

Notes to the Financial Statements

FOR YEAR ENDED 30TH SEPTEMBER 2015

1 Accounting Policies

Basis of Accounting

The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed asset investments at market value, and in accordance with the provisions of the Companies Act 2006, the Statement of Recommended Practice (SORP) Accounting for Charities March 2005 and applicable accounting standards.

Exemption has been taken from preparing a cash flow statement on the grounds that the Company qualifies as a small company.

Income

Donations are accounted for when received by the Charity. Other income including income tax recoverable is accounted for on an accruals basis as far as it is prudent to do so.

Tangible Fixed Assets

The tangible fixed assets are stated in the Balance Sheet at costs less aggregate depreciation written off to date. Freehold properties held as investments are stated at market value.

Quoted Investments

Quoted investments are included at quoted saleable value as at the close of business on the balance sheet date, any surplus or deficit arising on such valuation is carried to Capital Fund.

Grants and Donations Payable

Grants and donations payable are recognised as expenditure when the grant is approved.

Gifts in Kind

The Charity receives the benefit of work carried out by volunteers. No value is placed on this in the financial statements.

2 Taxation

The Company is a charity and is not liable to Corporation Tax on income. It is entitled to receive certain types of investment income without deduction of Income Tax at source.

Expenditure includes where appropriate irrecoverable Value Added Tax.

3 Format of Financial Statements

In preparing these financial statements, the arrangement, headings and sub-headings required by the Companies Acts have been adapted to suit the special nature of the Company's activities.

Notes to the Financial Statements continued

4 Investments at Market Value

	Cost £	2015 Market Value £	Cost £	2014 Market Value £
Quoted Investments				
Charifund 215,873.403 Income Units	1,850,158	3,007,699	1,850,158	3,112,312
Charishare 645,830.368/200,830.368 Income Shares	424,361	995,315	1,364,659	3,235,610
Schroders Charity Multi Asset Fund 3,931,590.33 units	2,000,000	1,835,660	-	-
Newton Growth Fund for Charities 660,381.216 units	500,235	699,335	482,171	683,627
Newton Growth & Income Fund for Charities 2,974,110.955 units	1,850,281	3,147,153	1,748,311	3,035,378
Total Investments	6,625,035	9,685,162	5,445,299	10,066,927

Investment movements in year

	2015 £	2014 £
Quoted investments		
Market Value brought forward	10,066,927	9,608,966
Disposals at carrying value	(2,229,450)	(3,533,949)
Net (loss)/gain on revaluation	(272,349)	916,173
Additions	2,120,034	3,075,737
Market value carried forward	9,685,162	10,066,927
Total Investments	9,685,162	10,066,927
Market Value carried forward	9,685,162	10,066,927

5 Programme Investments

	2015 £	2014 £
Charitable Loans		
SCANS	-	8,000
Individual loan	2,300	2,300
	2,300	10,300

	2015	2014
	£	£
6 Creditors: falling due within one year		
Accruals	6,540	12,050
Other Creditors	171	273
Grants Approved not yet paid	116,037	69,039
	<u>122,748</u>	<u>81,362</u>
7 Debtors and Prepayments: falling due within one year		
Payments in advance	1,275	1,411
	<u>1,275</u>	<u>1,411</u>
8 Surplus/(Deficit) for the Year		
is stated after charging:		
Auditor's Remuneration and after crediting:	3,540	3,460
Dividends and Interest Received	356,973	363,044
	<u>356,973</u>	<u>363,044</u>
9 Unrestricted Capital Fund		
Balance as at 1st October 2014	10,170,220	9,742,571
(Losses)/Gains on Investment Assets		
Realised	105,020	(10,469)
Unrealised	(272,349)	499,107
Transfer (to)/from Income and Expenditure Account	(81,302)	(60,989)
	<u>9,921,589</u>	<u>10,170,220</u>
10 Income and Expenditure Account		
Balance as at 1st October 2014	-	-
(Deficit)/Surplus for the year	(81,302)	(60,989)
Transfer (from)/to Capital Fund	(81,302)	(60,989)
	<u>-</u>	<u>-</u>
11 Charity Support Costs		
Salaries	40,349	34,718
Employer's National Insurance	-	787
Relocation Costs	-	4,065
Office Expenses	11,266	4,811
Publication & Website Costs	2,167	180
Miscellaneous	406	653
	<u>54,188</u>	<u>45,214</u>
Number of Employees	<u>3</u>	<u>3</u>

During the year the Trustees did not receive any remuneration or expense payments.

Notes to the Financial Statements continued

	2015	2014
	£	£
12 Governance Expenditure		
Audit Fees	3,540	3,460
Accountancy	2,983	8,400
Sundries	2,489	2,546
	<u>9,012</u>	<u>14,406</u>
13 Grants and Donations		
Charities etc.	176,584	139,479
Special Individual Needs	69,170	88,124
Equipment Pools	-	3,737
Respite Care	129,640	134,339
	<u>375,394</u>	<u>365,679</u>

A detailed analysis of Grants and Donations made in the year is contained within the Administrator's Report.

14 Commitments under Operating Leases

At 30th September the company had annual commitments under non-cancellable operating leases as follows:-

Expiry date:	Land and Buildings		Other	
	2015	2014	2015	2014
Less than one year	-	4,275	-	-
Between two and five years	5,083	-	1,080	1,080

15 Transactions with Related Parties

Included in these financial statements are the following amounts charged by professional firms and companies in which certain directors have an interest.

Director	Firm	Description of Transaction	Gross amount inc VAT	
			2015	2014
			£	£
P W E Fitt	Peter Fitt Chartered Accountants	Accountancy Fees and Disbursements	2,983	8,400
A W Livesley	Birkett Long LLP	Legal Fees and Disbursements	-	2,509

All transactions were conducted on an arms length basis. There were no other transactions with related parties during the year. At the year end the Charity owed P W E Fitt £3,000 (2014: £8,600).

Members List

AS AT 30TH SEPTEMBER 2015

President A H Frost

Directors

C Hayward	M F Pertwee
N J Busfield	T P Rudra
P W E Fitt	Keith Songhurst
M P Hickman	E Thrower

Hon Life Members

R W Griffin
E Hall
C F Pertwee
B Walsh
R W Whybrow
A Livesley

Other Honorary Members

M Hart
D Parnell
C Perry

Members

S Alexander	D E Lodge
R Ashton-Grey	D Lyons
S Avery	K Miles
C Booth	M Perrins
V Downing	T Rudling
A Fossick	T L Thomas
J Fulford	M Vernon
P G Glossop	M White
D Heather	J Wright
C Hughes	J Woodman
S Johns Green	
T J R Gordon	



HOW TO FIND US

From COLCHESTER town centre
Take the A12 Ipswich Road going north and turn left at the 2nd Dedham exit signposted Dedham B1029. At the immediate T-junction turn right, following the road under the A12 and then right again at the T-junction signposted 'Dedham 1'. At Dedham High Street turn left then turn left again into Manningtree Road, signposted LAWFORD. The Business Centre is approximately one mile on the left.

From CLACTON
At the junction with the A12 take the third exit towards Ipswich and take the Ipswich Road going north. Turn left at the 2nd junction signposted to Dedham then follow the instructions as above.

From HARWICH
Follow the A137 and take Dedham Lane on the right towards Dedham just past the Kings Arms PH. After the low bridge turn right down Jupes Hill and we are about half a mile on the right hand side.

The Colchester Catalyst Charity, 3 Dedham Vale Business Centre, Manningtree Road, Dedham, Colchester CO7 6BL 01206 323420 email: info@colchestercatalyst.co.uk www.colchestercatalyst.co.uk