



colchester catalyst

charity



Report & Financial Statements
FOR THE PERIOD ENDED 31 DECEMBER 2016

The following local caring organisations receive funding from the Colchester Catalyst Charity for the provision of respite breaks for carers and their families.

Colchester Gateway Club - 01206 867415

Colchester Carers' Centre - 01206 560997

Crossroads Care Tendring & Colchester
- 01255 860960

Crossroads Care Braintree and District
- 01376 529985

Essex Carers' Support - 01255 474410

Halstead Day Centre - 01787 476253

Headway Essex - 01206 768797

Mistley Kids Club - 07809 176252

MS Respite - 01255 820025

Parkinson's UK Colchester - 0844 225 3616
(local rate)

Parkinson's UK Clacton - 0844 225 3778 (local rate)

SCOPE - 01206 764633

Tendring Eldercare - 01255 432132

Tendring Specialist Stroke Services - 01255 815916

Terence Higgins Trust East - 01206 798595

COLCHESTER CATALYST CHARITY
Registered Number 634588
Charity Registration Number 228352

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Annual Report figures at a glance

Direct Charitable Expenditure **£549,920**

UP 22%

Total Net Assets **£11,272,036**

UP 12%

	2016	2015
	£	£
Direct Charitable Expenditure	549,920	429,582
(Deficit)/Surplus	(39,662)	(81,302)
Realised Gains on Sales of Investments	-	105,020
Unrealised (Losses)/Gains on Valuation of Investments	1,390,109	(272,349)
Total Net Assets at 30 September 2015		9,921,589

Total Net Assets at 31 December 2016 **11,272,036**

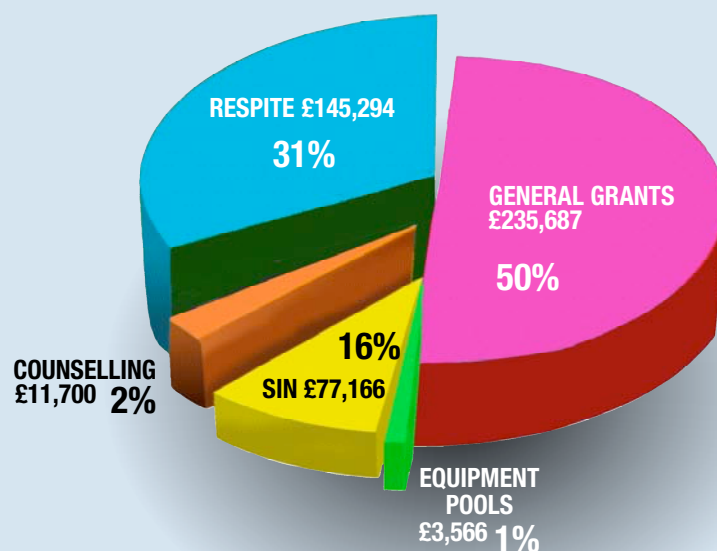
General Applications

Equipment	22
Accommodation	1
Communication Aids	4
Minibus	1
Well-Being Centre Harwich	1
Education	8

Total 60 (Last year 31)
 37 accepted
 12 unsuccessful
 11 deferred

Breakdown of total Grants Expenditure

TOTAL £473,413



Chairman's Report

FOR THE PERIOD ENDED 31 DECEMBER 2016

President:	A H Frost
Directors:	C Hayward MBA (Chairman) P W E Fitt FCA (Company Secretary) Dr. N J Busfield MA, PhD Dr M P Hickman MB B.Chir DCH K Songhurst LLB (Hons) M F Pertwee BA (Hons) Dr. T P Rudra MBBS FRCP E. Thrower DipCOT MHCP
Administrator:	Stephanie Grant
Development Officer:	Rodney Appleyard BA (Hons)



Christine Hayward MBA - Chairman

I am pleased to introduce this year's Annual Report for Colchester Catalyst Charity's 28th year of operation. The Report covers a fifteen month period from October 2015 to December 2016 as, with effect from January 2017, we have changed our financial year to run from January 1st to December 31st. In our financial reporting, therefore, please note that the comparative amounts are fifteen months for this year, compared with twelve months for last year.

Before this change was agreed by the Board, the grant allocation for the 12 month period October 2015 to September 2016 was £450,000. In the light of the change to the financial year, the Board agreed to increase the grant budget accordingly to cover the additional period, so that no applicant was disadvantaged because of a grant ceiling. Expenditure continues to be spread across Equipment Pools, Special Individual Needs,

Counselling, Respite Care and General Grants. You will see in the reports from Stephanie Grant, our Administrator and Rodney Appleyard, our Development Officer, more details about recipients of grant allocations and we are very pleased to have been able to help both organisations and individuals. We are also pleased to have been able to support work in the field of preventative medicine, where the link between the prevention and positive health outcome is evidence based.

For the financial year January-December 2017, based upon our Capital Reserves exceeding our target (as shown in the Trustee's report Financial Review Section) the Board has agreed an overall grants budget of £500,000 for this year. In our grant making history, this sum has only been exceeded on two occasions, in 2000 and 2001.

A further change this year has

been the appointment of Rodney Appleyard to a permanent 2 days a week position. His original contract was for 1 day a week. At last year's AGM, Rodney was working 2 days a week on a temporary basis. He was able to show that with this extra day, he had the time to work more effectively with our partners to develop good quality applications and, in many cases, help to find additional sources of funding or enable organisations to work together on joint projects. It also meant that he and Stephanie had more time to develop working relationships in the west of our area of benefit. Rodney's report outlines the work he has been involved in.

In terms of general grants, I have been asked how an organisation might make an application which the Board might favourably consider. We do not want to make the

▶ application process onerous, but we do require it to be rigorous. I therefore outline some criteria which help the Board in their decision making:

- Understand the object and policy of Colchester Catalyst Charity and be very specific as to how an application will meet a health need;
- Provide evidence and research support, if possible, regarding the efficacy of the proposal in terms of improving health care;
- Talk with our team and take advice regarding your ideas and ways in which an application might be focussed;
- Be clear why the grant request cannot be met from your existing funds or reserves and how any future funding for the item/project will be managed;
- Ensure that your Board/ Trustees are supportive of the proposal and it can be sustained by the organisation, not just an individual.

Board membership has remained stable over the last year and I am indebted to the



A Dementia friendly performance of Dick Whittington at the Mercury Theatre partly funded by Catalyst

Board for continued commitment and wise advice. We all feel very privileged to be involved in the Charity and carry out its Object to the best of our ability. We often thank those founder members who had the foresight to create Colchester Catalyst Charity, rather than distribute the original funds when The Oaks hospital was sold. This year, we have also welcomed some new Members and they are listed in the annual Report. Thank you to them, our existing Members and Honorary Life Members for their support.

Once again, thanks must also go to the Special Individual Needs Committee, the Respite

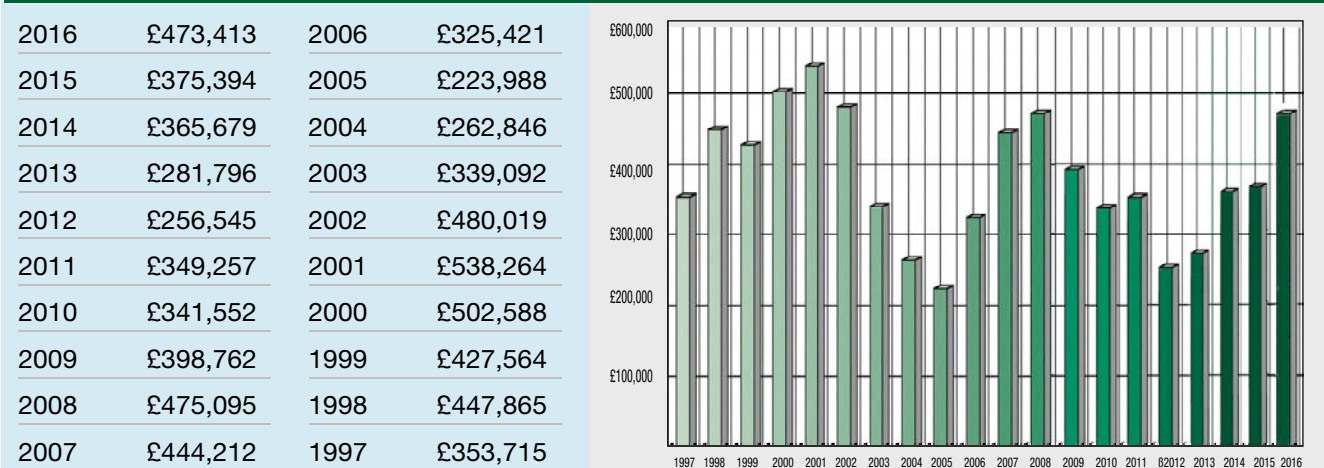
Care Committee, the charities, organisations and all the individuals with whom we work for their time and care for those they help.

The Board sets the strategic direction for the Charity, but the day to day work to make this a reality is carried out by our trusted team of Stephanie Grant, Rodney Appleyard and Wendy Larkin. We are very fortunate to have their skills, enthusiasm and initiative and we look forward, in the spirit of continued partnership with you all, to another successful year.

Christine Hayward

Chairman 21 February 2017

Total Value of Grants on a Year-by-Year basis



Independent Auditor's Report

TO THE TRUSTEES OF COLCHESTER CATALYST CHARITY

We have audited the financial statements of Colchester Catalyst Charity for the period ended 31 December 2016 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102.

This report is made solely to the charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the statement of Trustees responsibilities, the trustees, who are also the directors of Colchester Catalyst Charity for the purposes of company law are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view.

The trustees have elected for the accounts to be audited in accordance with the Charities Act 2011 rather than the Companies Act 2006. Accordingly we have been appointed as auditors under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors, including "APB Ethical Standard – Provisions Available for Small Entities (Revised)", in the circumstances set out in note 20 to the financial statements.

Scope of the audit of the accounts

An audit involves obtaining evidence about the amounts and disclosures in the accounts sufficient to give reasonable assurance that the accounts are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the accounts. In addition, we read

all the financial and non-financial information in the Trustees Annual Report to identify material inconsistencies with the audited accounts and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

Opinion on accounts

In our opinion the accounts:

- give a true and fair view of the state of the charitable company's affairs as at 31 December 2016 and of its incoming resources and application of resources, including its income and expenditure, for the period then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

- have been prepared in accordance with the requirements of the Companies Act 2006.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Trustees Report is inconsistent in any material respect with the accounts; or

- the accounts are not in agreement with the accounting records and returns; or

- we have not received all the information and explanations we require for our audit.

Rachel Skells BA FCA (Senior Statutory Auditor)

for and on behalf of Whittles 21 February 2017

Chartered Accountants

Statutory Auditor Whittle & Partners LLP

The Old Exchange

64 West Stockwell Street

Colchester

Essex CO1 1HE

Whittles is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

Administrator's Report

FOR THE PERIOD ENDED 31 DECEMBER 2016

Catalyst became a grant making charity in 1990 and since that time over £9 million has been given in grants. This is my seventh Administrator's report for Catalyst and we continue to work closely with a small dedicated team comprising Rodney Appleyard, our Development Officer, Wendy Larkin, Administrative Assistant and myself. We all feel very happy and privileged to be working for the Catalyst Charity, by bringing help to those people who fall outside the remit of the statutory bodies.

We have decided to change our financial year so that it now runs from 1 January to 31 December. This means that this report will cover the fifteen month period from 1 October 2015 to 31 December 2016.

During the period, the Catalyst Trustees considered 60 General Applications from various organisations in our area of operation, of which 37 (62%) were successful.

This period £235,687 was spent on general grants (£176,584 last year).

The Catalyst Charity aims to provide support and make a positive and ongoing contribution to the improvement of health care within the community of North-East Essex where help is not available from the statutory authorities.

We fund specific projects with a well-defined medical benefit and this year we have again been involved with some exciting and innovative projects by making grants to a wide range of different organisations.

It is always our intention to work with groups and to encourage them to seek match funding from other organisations and our grants often act as a catalyst to release such funding.

This year when discussing ways of

focussing our funds towards identifiable outcomes it was agreed that we would probably support 'secondary prevention' for example taking action to prevent repetition or deterioration of threats to health. We have also discussed ways of targeting help to the most deprived areas in our area of benefit.

With this in mind, we were pleased to make our largest grant this year of £95,000 to Community Voluntary Services in Tendring towards the cost of setting up a well being centre for the residents of Harwich and Dovercourt. The Centre will provide a range of support and assistance to people with health related issues and will also provide support to people who are isolated and lonely. Research has shown that loneliness is as harmful to health as smoking 15 cigarettes a day and is worse than other risk factors such as obesity and physical inactivity.

Another way we addressed the needs of lonely people was with grants we made to support befriending schemes with a view to improve and sustain the health and wellbeing of isolated and lonely people suffering from depression and anxiety. A grant of £10,106 was made to Community Voluntary Services in Tendring to enable them to set up a high quality pilot befriending scheme for the residents of Harwich and Jaywick. Another grant of £5,700 was made to Colchester Community Voluntary Services so that they could develop a 'Find a Friend' service for older people and people with long term health conditions across Colchester. CCVS have carried out research that indicates that there is an ever



Stephanie Grant - Administrator



Wendy Larkin - Assistant to Administrator

LIMITED BY GUARANTEE

increasing need for befriending services. Their studies indicate that 59% of adults aged 52 or over with poor health feel lonely some or all of the time. Loneliness can lead to long term health conditions and can double the risk of developing Alzheimers.

Another important grant we made was to BEARs, BASICS Essex

Accident Rescue Service. We made this group a grant of £27,958 to equip their newly purchased enhanced care car that will enable doctors and paramedics to carry additional lifesaving advanced diagnostic medical equipment.

This equipment will save lives and enable doctors, nurses and paramedics to respond to critically ill or injured patients before they are taken to hospital and provide support and treatment over and above that provided by the Ambulance Service.

We made a grant of £15,000 to Autism Anglia in respect of an all weather Sports pitch at the Doucecroft School. This pitch has replaced the uneven, unsuitable and muddy field that the children used previously to play football during break and PE. It is hoped that the pitch will not only give the children somewhere to play in school but also open the possibility of inviting other schools to home matches at Doucecroft and this in turn will promote the pupils' social and interaction skills.

Autism Anglia provides education, care and support across the East of England to children, adults and families who are affected by autism and Asperger Syndrome.

We were pleased to be able to support a project initiated by Colchester Community Voluntary Services working in partnership with the Colchester Library to

group means that records are often held in different practices and by different services. This system would address these problems and would help to avoid the often uncoordinated and problematic approach experienced by this vulnerable group and also help to reduce the potential need for the client to go into local urgent care.

We were happy to support St. John's Ambulance with a grant of £9,560 so that they could supply defibrillators to people in our area of benefit to enable them to cope with cardiac arrest to give more people the chance to survive as early intervention delivers better results

Other grants included a grant of £8,000 for special equipment for Mencap, a grant of £6,842 to fund a

support course for Gateway Clubs to enable them to provide people with learning disabilities with the chance to access leisure and social activities in the community. We made a grant of £4,990 to Success after Stroke to allow them to expand the activities that they are able to offer. This group provide help and support to improve the quality of life for stroke survivors, their families and carers through social, leisure and therapy activities.

We have also supported those people with mental health needs and were pleased to make a grant of £5,000 to Sailship for a Therapeutic Garden. Sailship aims to support disabled adults and those who have a mental health support need. This is done by helping people to develop life and work skills giving them the



Sir Bob Russell wrote...

create a multi-sensory area within the Community Hub based in Colchester Library. Our grant of £10,000 funded equipment to help widen the opportunities available to people within the building and integrate activities for families with children with disabilities in the Children's Library space.

We made a grant of £9,335 to Beacon House to enable them to update their electronic patient record system. Beacon House is an established independent day-care centre for the homeless, those living in insecure accommodation or those at high risk of homelessness based in central Colchester, North East Essex.

The transient nature of the client

► chance for psychological health improvements, well-being and social interaction through its social and therapeutic provisions. A grant of £4,698 was made to MIND for iPads to enhance communication.

We continue to support counselling services and this accounted for just over £11,700 during 2015-2016. We were pleased to welcome Headway Essex and the Colchester & Tendring Women's Refuge into our counselling scheme this year.

Special Individual Needs (SIN) grants continue to be an important part of our work. There were 214 (200 last year) applications of which 180 (162 last year) were successful. Once again the vast majority of grants provided mobility equipment for those who could not obtain it from the statutory providers.

We continue to work in partnership with the Neuro Rehabilitation Unit at Colchester General Hospital to bulk purchase 3 and 4 wheeled walkers which they distribute as necessary.

We also work in partnership with North East Essex Wheelchair Services and have an arrangement with Anglian Community Enterprise to part fund childrens' sleep systems. Christine Hayward continues to chair the SIN committee and the group, which meets every 4 to 5 weeks, is made up of health professionals.

We regularly receive letters and cards of thanks from individuals and their carers who are so grateful for the help provided – our SIN scheme clearly conforms to Catalyst's criteria of using our funds to help relieve the sick and suffering in North-East Essex.



Attending the CCVS Greenstead function - Summer 2016

The Catalyst respite scheme continues to represent a significant part our budget and in the year 2015-2016 £145,294 was spent on arranging short term respite care. This scheme allows full-time carers to have a break from their caring duties. We work in partnership with about a dozen care organisations, listed on the inside front cover of this report. Our partners are trained as assessors, and each organisation has an agreed annual budget. We monitor the activity and meet together as a group twice each year.

We were pleased to welcome Crossroads Braintree and District into our respite scheme.

We are grateful to Crossroads for running the respite for couple's scheme. The scheme enables couples to go out for the day together with the help of a professional carer. Popular outings include visits to garden centres and tea rooms.

The amount of £3,566 was spent on Equipment Pool Equipment during the year 2015-2016.

In communicating Catalyst's activities our website www.colchestercatalyst.co.uk provides a wealth of information about our services and grants in addition to having

links to partner sites providing advice, support and services to help improve healthcare in North East Essex. Application forms for General and Special Individual Needs grants are available to download from the site, as well as copies of past Annual Reports together with a regularly updated news section. We can also now be found on Facebook which is also updated on a regular basis.

Finally I would like to take this opportunity to thank all my colleagues, Catalyst's Chairman Christine Hayward, Peter Fitt, Company Secretary, the Board, Development Officer Rodney Appleyard, assistant Wendy Larkin and our partner charities and organisations for all their help, support and encouragement during the past year.

Stephanie Grant
Administrator

21 February 2017

General Applications from Organisations

Period Ending	31/12/16	30/09/15	30/09/14	30/09/13	30/09/12
From Organisations	60	31	35	44	34
Successful	37	14	16	21	17
Unsuccessful/withdrawn	12	11	17	16	14
Deferred	11	6	2	7	3

Special Individual Needs Applications

Period Ending	31/12/16	30/09/15	30/09/14	30/09/13	30/09/12
From Individuals	220	200	229	218	185
Successful	181	162	192	185	142
Unsuccessful/withdrawn	29	27	20	23	40
Deferred	10	11	17	10	3

Main Grants & Donations over £1000

FOR THE YEAR ENDED 31 DECEMBER 2016

Organisation	Project	Amount
CVST	Harwich Well-Being Centre	95,000
BEARS	Medical Equipment	27,958
Autism Anglia	All Weather Sports Pitch	15,000
CVST	Befriending Scheme Harwich/Jaywick	10,106
CCVS	Community Hub Multi Sensory Area	10,000
St John's Ambulance	Defibrillators in N E Essex	9,560
Beacon House	Electronic Patient Record	9,335
MENCAP	Equipment	8,000
Leonard Cheshire	Minibus for Seven Rivers	8,000
The Ark	Support Work	7,000
Gateway Clubs	Support Course	6,842
Colchester Hospital Charity	Dementia Therapy Units	6,100
CCVS	Find a Friend	5,700
Bright Lives	Doors for Abbots Road Community Centre	5,106
British Red Cross	Equipment	5,000
Samaritans	Van Purchase	5,000
TSSS	Stroke Self Care Help	5,000
Blind Children UK	Custom Eyes Books	5,000
Sailship CIC	Therapeutic Garden	5,000
Success After Stroke	Expansion of Activities	4,900
MIND	iPads	4,698
Colchester Mercury Theatre	Relaxed/Dementia Friendly Performances	4,400
Essex Fire & Rescue	Firebreak Programme	4,000
Open Road	Equipment/Leaflets	3,348
Colchester Hospital Charity	Dementia Unit Equipment	2,750
J's Hospice Group	Therapeutic Equipment	2,572
Haven Project	Soundproof Therapy Room	2,500
St Helena Hospice	IT tablets	2,500
Colchester Hospital Charity	Mobile Chemotherapy Unit	2,207
Disability 4 Sport	Sensory Sports Equipment	2,175
Halstead Day Centre	Equipment	2,141
Jaywick Community Centre	Defibrillator & Hearing Loop	1,950
Halstead Hospital	Riser Recliner Chair	1,717
Colchester Hospital Charity	Respiratory Equipment	1,000



Development Officer Rodney Appleyard

Development Officer's Report

FOR THE PERIOD ENDED 31 DECEMBER 2016

Each year we strive to honour the origins of our name by catalysing new projects that will significantly improve people's health in North East Essex. One of my favourite definitions for this word is: "An agent that provokes and speeds significant change or action. Since it is not consumed in the catalysed reaction, catalysts can continue to act repeatedly."

During the last financial year, I'm delighted to report we have successfully managed to repeat these acts many times. In one particular case, we supported the development of a big project in Harwich that will transform healthcare services in the area. Providing support for this particular region has become a high priority for us over the last two years.

In 2015 we pledged to identify the biggest health problems in Harwich and Dovercourt. We initiated our research by commissioning Community Voluntary Services Tending to conduct a feasibility study into the main health challenges faced by people in this region.

The findings discovered that a number of people in Harwich do not currently receive adequate support for various serious health conditions. This includes people with dementia, special needs, heart conditions, learning disabilities, diabetes and mental health problems.

CASE STUDY

Doucecroft Unveils New All-Weather Sports Pitch

Through everyone's amazing effort, Doucecroft School raised the £60,000 needed to install their all-weather sports pitch!

The pitch was officially unveiled on Monday 17th October, where a mini football tournament took place between Doucecroft and students visiting from Shorefields School in Clacton. The event was well attended by parents and carers, staff, students and those who helped raise funds.

Special thanks must go to the PJK Charitable Trust, the Anglian Community Trust, Colchester Catalyst Charity, The Peter Harrison Trust for their grants and the Pantaloon Theatre Company, Reedman Florists, Waterwise at Poplar Nurseries and Lisa Rivers for their collections, sponsorship and donations.



Case Study provided by *Autism Anglia*

CASE STUDY

Beacon House enhances support for patients

Beacon House approached Catalyst for £19,335 to purchase a new electronic patient record system. The system makes it easier for health professionals to share essential medical information on patients, to prevent them from falling into crisis.

We agreed a grant of £9,335 towards this project and referred Beacon House to the Big Lottery Fund for the remaining funds. The introduction to the Lottery was made at one of our all day funding sessions held at the Mercury Theatre, which included the presence of The Fowler, Smith & Jones Trust and Colne Housing.

Ed Hickman, the local funding officer who covered Essex at the time, provided specialist advice for Beacon House, which led to the charity submitting an application and eventually receiving the extra £10,000 from the Lottery a few weeks later. We were impressed with how quickly the grant was awarded.

Georgina Ambrose, the Health and Wellbeing Assessor for Beacon House, explained why the meeting was so useful for her: “I will always make time to meet funders face to face. To be able to build a relationship is invaluable and it also helps to see a potential application from their perspective. The four funders at the meeting were diverse in both their qualifying criteria and funds available, allowing for a wide range of projects to be offered for consideration. During the course of the meeting I learned of two funds that I hadn’t previously been aware of, and came away with thoughts of how to approach projects from a different angle. We appreciate Catalyst’s work in bringing about the meeting. In my opinion, Catalyst should continue to arrange similar meetings as they undoubtedly help local charities through this valuable work.”



A patient from Beacon House receiving treatment

CASE STUDY

Boost to befriending services in Colchester



Ed Hickman from the Big Lottery Fund and Alix Mason from the Fowler, Smith & Jones Trust, discussing new project ideas at CCVS' Pitch to the Funders meeting

CCVS approached Catalyst for £5,700 to enhance befriending services in Colchester. The organisation also received £5,000 from Anglian Community Trust towards this project.

Tracy Rudling explained how valuable this project will be: “Funding (from Colchester Catalyst) is essential to help us to work with befriending agencies across Colchester to collaborate to support more people who are isolated and want to make new connections. We have also been able to match the award with funding from ACT, as well as align to an Essex County Council funded project to spread out reach even further.”

CCVS also organised a “Pitch to the Funder” session at its AGM in November 2016, which involved Catalyst sitting on a panel with the Lottery, Colne Housing and the Fowler, Smith & Jones Trust and meeting community group organisations with a number of different health project ideas. Mrs. Rudling said the day worked out very well:

“‘Pitch to the Funder’ proved to be a fantastic opportunity for local groups to meet with a number of knowledgeable colleagues at one event, learn from them and help to shape future project ideas to unlock funds for new projects. Feedback has been overwhelmingly positive from those taking part and we would like to explore doing more work like this in the future for our members.”

LIMITED BY GUARANTEE



Colchester mayor Julie Young practices yoga at the Greenstead Community Fun Day, which brought local community groups together to discuss health issues in Greenstead



A relaxed performance in action at the Mercury Theatre



Children from The J's Hospice, who have benefitted from a grant we funded for new therapeutic equipment

Little things mean a lot as grant unlocks new worlds for us

Two wheelchair users tell how Colchester Catalyst Charity's donations have helped to radically improve their lives

£9m has been handed out in 16 years

It might seem like a little thing, but for a little while, it was a big one for a woman in a wheelchair. It was a grant from Colchester Catalyst Charity that allowed her to buy a new wheelchair. The grant was £1,000, but it was worth every penny to her. She had been using a wheelchair for 16 years and the one she had was old and uncomfortable. The new one was a game-changer for her. It was lighter, more comfortable and had a lot of extra features. She could now go to work, to the shops and to the gym. It was a real freedom for her.

She is not alone. Colchester Catalyst Charity has handed out a total of £9 million in grants over the last 16 years. The grants are used to help people with disabilities and health issues. They can be used for a wide range of things, from buying equipment to paying for therapy. The charity has helped thousands of people to improve their lives. It has made a real difference to the community.

Another woman, who is also in a wheelchair, has also benefited from the charity's grants. She has been able to buy a new bicycle, which has allowed her to go for walks and enjoy the outdoors. She has also been able to buy a new wheelchair, which has made it easier for her to get around. She is very grateful to the charity for what they have done for her.

The charity has a lot of other grants available. They can be used for a wide range of things, from buying equipment to paying for therapy. If you are in need of help, the charity would be happy to help you. You can contact them on 01206 252525 or visit their website at www.colchester-catalyst-charity.co.uk.

An article from the Colchester Gazette praising our SIN programme

After analysing the results of the report, CVST sourced a new building in Harwich that they will transform into a new health and well being centre, to address many of these health issues. We agreed a grant of £95,000 towards this project, which is the biggest award we have offered for many years. CVST has also agreed to release £100,000 of its own reserves towards this project.

This new centre is exciting to us because it could provide a base for many support groups and self-management programmes to help people manage their own health independently. This idea of self-care has also been one of our main priorities for 2016, as part of our expansion into secondary prevention. CVST aims to enable these groups to become self-sustainable in the long-term.

A number of other projects are also going to be run out of this centre, including a new befriending service to address loneliness, a centre for volunteers to sign-up to support health projects and initiatives that will tackle critical health issues, such as diabetes and obesity. These projects will address many other priorities we outlined last year.

In addition to supporting CVST to set-up new befriending services in Jaywick and Harwich, we also awarded CCVS a grant of £5,700 to start new befriending services in Colchester. They received an additional £5,000 from ACT towards this project.

Plus we were pleased to award Basics Essex Accident Rescue Service (BEARS) a grant of £27,958 to purchase life-saving equipment that

will be used inside its emergency vehicles. BEARS predicts that its volunteer paramedics and doctors will support about 290 people in North East Essex between 2016/2017 with this diagnostic medical equipment, consisting of defibrillators, laryngoscopes and other essential health equipment.

Overall, we provided grants for a wide variety of projects that required a mixture of capital costs, equipment costs and start-up costs. This includes the release of £15,000 for Autism Anglia to build a new all weather pitch that cost £60,000 in total. This grant also helped to release funds from other sources, including £10,000 from Anglian Community Enterprise (ACT). The pitch is used regularly now by children with autism to play football.

CASE STUDY

BEARS received £27,958 from Catalyst for new life-saving medical equipment

Lisa Thomas, the Fundraising Officer for BASICS Essex Accident Rescue Service, applied to Catalyst for the first time and found the process refreshingly supportive. “A Funding/Grant application process in general is always a daunting task... but not on this occasion, due to the invaluable support and stewardship of the Colchester Catalyst Charity, which played an amazing role in bringing our whole application to fruition. “From day one of my registration of interest in applying to the Colchester Catalyst Charity, I immediately received a telephone call from the team requesting further information to enable them to familiarise themselves with BEARS, its requirements and details of the voluntary service BEARS Doctors and Critical Care Paramedics provide to the community of North East Essex.

“It was a breath of fresh air not to have to fight every step of the way, but alternatively to be hand-held, guided professionally and directed kindly by the Catalyst team to provide all necessary information that was required relating to specific essential areas.

“BEARS were guided about content and essential information, that would be key to include, to represent ourselves strongly and adequately, with our aim of achieving a successful outcome.

“Colchester Catalyst charity were so empathetic to our charities needs and worked incredibly hard to ensure that the potential funders would be clear on what was required, to be able to provide immediate emergency medical pre-hospital care to the community of North East Essex, to our fullest potential.

“On many occasions for me the application did not appear to flow but Rodney Appleyard and the Colchester Catalyst Charity team ensured that I kept sight of what was required and continued to request and pull together relevant information.



“Thank you Colchester Catalyst Charity for your unrelenting professionalism and guidance that ultimately resulted in a wonderful grant sum being awarded to BEARS charity of £27,958. The grant has made an invaluable improvement to our charity. It was a pleasure working with you all.”



Life-saving health equipment purchased by BEARS following Catalyst's grant

Finally, we have continued to develop partnerships with other funders, to unlock additional grants for big health projects. In total, we have helped to release over £215,000 in extra funds during this financial year.

I am delighted that we have firmly established joint-funding relationships with other funders following a number of successful meetings last year with the Big Lottery Fund, Colne Housing and the Fowler, Smith & Jones Trust. On a few occasions, we arranged for these funders to meet 8 different health organisations on one day, to

discuss their projects and prospects for being awarded potential funding. As a result of these meetings, many projects have received grants from all of these organisations to launch their health initiatives.

Although the partnership has continued to develop, we are sad that Ed Hickman



Residents from Mencap in Great Tey. We funded new equipment for people supported by Mencap

has now moved on from the Lottery. We are grateful for the collaboration we had with him over the last two years, which has led to many groups receiving additional support. We are now very much looking forward to working with Ruth Stephens, the Lottery's new Funding and Relationship Manager for Essex.

If you are interested in applying to Catalyst, or taking part in future joint-funding sessions, please get in touch. It has been a pleasure working with many of you over the last year and I am looking forward to developing future projects with applicants in the forthcoming months, to tackle some of the biggest health problems faced in North East Essex.

Rodney Appleyard
Development Officer

CASE STUDY

Defibrillators for St John Ambulance

St. John Ambulance approached Catalyst at first for a grant of £9,560 to purchase 10 defibrillators for use in North East Essex. We agreed the grant and encouraged the organisation to approach other funders for support, such as the Fowler, Smith & Jones Trust. The St John Ambulance was eventually successful with applications to the FSJ Trust and the Essex Community Foundation for another five defibrillators. A further three were also provided by private businesses as part of a match funding agreement.

These sophisticated pieces of first aid equipment can dramatically improve a cardiac arrest patient's chances of survival in the crucial first few minutes after a first aid emergency. Janie Siggers, Chair of the Essex County Priory Group, who applied for the grants said: "We were originally successful in securing 10 defibrillators from Colchester Catalyst Charity and are hugely grateful for their support. To then be told that a further eight would also be delivered is just wonderful news. We can now ensure that St John Ambulance volunteers can continue to be the difference between a life lost and a life saved. My thanks to everyone who was involved in making this happen."



Christmas at Bright Lives. Our funding has helped to expand the services provided by this health organisation for people with learning disabilities

Trustees' Report (including Directors' Report) for the period ended 31 December 2016

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)".

Objectives and activities

The objective of the charity is the relief of the sick and suffering of North East Essex. The Trustees confirm that they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when planning its future activities and setting the grant making policy for the year.

Details of the charities activities and achievements during the year are set out in the Administrator's Report.

Grant making policy

The Charity's detailed grant making criteria are set out elsewhere in this report. All applications for grants are considered by the Trustees and where successful are formally approved. An annual grants budget is set by the Trustees.

Achievements and performance Financial review

The results are shown in the financial statements of which the following is a summary:-

	31/12/16	30/09/15
	£	£
Direct Charitable Expenditure	549,920	429,582
(Deficit)/Surplus	(39,662)	(81,302)
Realised Gains on Sales of Investments	-	105,050
Unrealised Gains/(Losses) on Valuation of Investments	1,390,109	(272,349)
Total net assets 30/09/15		9,921,589
Total net assets 31/12/16	11,272,036	

Future financial performance will be affected by the investment income and growth achieved in future years.

Reserves policy

The Trustees have adopted a policy of endeavouring to retain sufficient funds to maintain the Capital Reserve as at 30th September 1989 adjusted for inflation. The Capital Reserve at 31st December 2016 required by this policy amounted to £10,420,525 (September 2015: £10,276,652). It is intended that this policy will be adhered to for the foreseeable future whilst recognising that there may be temporary shortfalls in consequence of fluctuations in stock market values.

Investment policy

The investment policy is determined by the Trustees, with the benefit of external advice, after considering income requirements, risk profile and stock market prospects in the short and medium term.

Risk statement

The Trustees confirm that the major risks to which the charity is exposed, as identified by the Trustees, have been reviewed and systems established to mitigate these risks.

Plans for future periods

The Trustees plan for the foreseeable future to continue making grants with a view to making a positive contribution to improving care of the sick or suffering in North East Essex.

Structure, governance and management

The charity is a company limited by guarantee (number 634588), governed by a Memorandum and Articles of Association and is a Registered Charity (number 228352).

At 31st December 2016 there were forty six members.

Colchester Catalyst Charity became a grant making charity in 1990 following the sale of the Colchester Oaks Hospital, in Oaks Drive, to Community Hospitals PLC. The sale was conditional on Community building a new hospital, to an agreed high specification, by 1994 - this was done and the new Oaks Hospital off Mile End Road was opened in January 1994.

With the agreement of the Charity Commissioners the directors decided to devote the income, from the invested funds resulting from the sale 'for the relief of the sick or suffering of North Essex'.

The Charity is administered by a Board of Trustees.

Trustees

The Trustees, who are also the directors for the purpose of company law, and who served during the period were:

C Hayward MBA

P W E Fitt FCA

Dr N J Busfield MA, PhD

Dr M P Hickman MB B.Chir DCH

M F Pertwee BA (Hons)

Dr T P Rudra MBBS, FRCP

K Songhurst LLB (Hons) (*Appointed 11 November 2015*)

E Thrower DipCOT, MHCP

Administrator & assistant

S Grant & W Larkin

Development Officer

R Appleyard

Nominations for the appointment of new Trustees are made based upon the established knowledge and experience of the candidate and on the likely contribution that the candidate may make to the work of the charity. All Trustee appointments are subject to election at an AGM and all Trustees are subject to re-election at an AGM every three years. Trustees are provided with appropriate information and guidance on induction; no other formal training is provided to trustees.

Statement of Trustees' responsibilities

The Trustees, who are also the directors of Colchester Catalyst Charity for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Whittle & Partners LLP practising as Whittles has indicated their willingness to continue in office and will be proposed for reappointment in accordance with section 485 of the Companies Act 2006.

Disclosure of information to auditor

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The Trustees Report was approved by the Board of Trustees.



P W E Fitt FCA

Dated: 21 February 2017

Statement of Financial Activities including Income and Expenditure Account

FOR THE PERIOD ENDED 31 DECEMBER 2016

	NOTES	2016 £	2015 £
<i>Income from:</i>			
Donations and Subscriptions etc	3	25,717	319
Income from Investments	4	493,428	356,973
Total Income		<u>519,145</u>	<u>357,292</u>
<i>Expenditure on:</i>			
Charitable activities	5	558,807	438,594
Net gains on investments	10	1,390,109	(167,329)
Net movement in funds		1,350,447	(248,631)
Fund balances at 1 October 2015		9,921,589	10,170,220
Fund balances as at 31 December 2016		<u>11,272,036</u>	<u>9,921,589</u>

The Statement of Financial Activities includes all gains and losses recognised in the period.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

Balance Sheet

AS AT 31 DECEMBER 2016

	Notes	£	2016 £	£	2015 £
Fixed Assets					
Investments	12		11,227,709		9,687,462
Current Assets					
Debtors	14	1,716		1,275	
Cash at bank and at hand	8	215,064		355,600	
		<u>216,780</u>		<u>356,875</u>	
Creditors					
Amounts falling due within one year	7	(172,453)		(122,748)	
Net current assets			<u>44,327</u>		<u>234,127</u>
Total Assets less current liabilities			<u>11,272,036</u>		<u>9,921,589</u>
Income Funds					
Unrestricted Capital Fund - general			<u>11,272,036</u>		<u>9,921,589</u>
			<u>11,272,036</u>		<u>9,921,589</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the period ended 31 December 2016, although an audit has been carried out under section 144 of the Charities Act 2011. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these accounts under the requirements of the Companies Act 2006.

The Trustees responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The accounts were approved by the Trustees on 21 February 2017

C Hayward MBA
Trustee

P W E Fitt FCA
Trustee

Statement of Cash Flows

FOR THE PERIOD ENDED 31 DECEMBER 2016

	Notes	£	2016 £	£	2015 £
Cash flows from operating activities					
Cash absorbed by operations			(483,826)		(396,753)
investing activities					
Purchase of investments		(150,138)		(2,120,034)	
Proceeds on disposal of investments		-		2,342,470	
Interest received		493,428		356,973	
Net cash generated from investing activities			343,290		579,409
Net cash used in financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(140,536)		182,656
Cash and cash equivalents at beginning of period			355,600		172,944
Cash and cash equivalents at end of period			215,064		355,600

Notes to the Financial Statements

FOR THE PERIOD ENDED 31 DECEMBER 2016

1 Accounting policies

Charity information

Colchester Catalyst Charity is a private company limited by guarantee incorporated in England and Wales. The registered office is 3 Dedham Vale Business Centre, Manningtree Road, Dedham, Colchester, Essex, CO7 6BL.

1.1 Accounting convention

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities

applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

These accounts are for a period of 15 months as the trustees decided to change the period end to 31 December. The comparative figures are for a 12 month period to 30 September 2015 so they are not directly comparable.

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include the revaluation of freehold

Notes to the Financial Statements (continued)

properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

These accounts for the 15 month period ended 31 December 2016 are the first accounts of Colchester Catalyst Charity prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 October 2014. The reported financial position and financial performance for the previous period are not affected by the transition to FRS 102.

1.2 Going concern

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

1.4 Incoming resources

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Other income including income tax recoverable is accounted for on an accruals basis as far as it is prudent to do so.

1.5 Resources expended

Grants and donations payable are recognised as expenditure when the grant is approved.

1.6 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at quoted sale value at the close of business on the balance sheet date. Changes in market value are recognised in net income/(expenditure) for the year and carried to the capital fund. Transaction costs are expensed as incurred.

Quoted investments are included at quoted saleable value as at the close of business on the balance sheet date, any surplus or deficit arising on such valuation is carried to capital fund.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method.

Basic financial liabilities

Basic financial liabilities, including creditors are initially recognised at transaction price unless the arrangement constitutes a financing transaction.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Grants and donations payable

Grants and donations payable are recognised as expenditure when the grant is approved.

1.12 Gifts in kind

The Charity receives the benefit of work carried out by volunteers. No value is placed on this in the financial statements.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and subscriptions etc.	2016	2015
	£	£
Donations and gifts	25,717	319
Included in donations is £25,000 from The League of Colchester Hospital Friends which was originally given as a grant but has been returned unspent.	_____	_____

4 Income from investments	2016	2015
	£	£
Income from quoted investments	493,428	356,973
	_____	_____

5 Charitable activities	2016	2015
	£	£
Staff costs	60,011	40,349
Office expenses	15,428	11,266
Publication & website costs	358	2,167
Miscellaneous	710	406
	_____	_____
	76,507	54,188
Grant funding of activities (see note 6)	473,413	375,394
Share of governance costs (see note 7)	8,887	9,012
	_____	_____
	558,807	438,594
	_____	_____

6 Grants payable	2016	2015
	£	£
Charities etc	235,687	176,584
Special Individual Needs	88,866	69,170
Equipment Pools	3,566	-
Respite Care	145,294	129,640
	_____	_____
	473,413	375,394
	_____	_____

A detailed analysis of Grants and Donations made in the year can be found on page 9.

7 Support costs	<i>Support Costs</i>	<i>Governance Costs</i>	2016	2015	<i>Basis of allocation</i>
	£	£	£	£	
Audit fees	-	3,600	3,600	3,540	Governance
Accountancy	-	2,813	2,813	2,983	Governance
Sundries	-	2,474	2,474	2,489	Governance
	_____	_____	_____	_____	
	-	8,887	8,887	9,012	
	_____	_____	_____	_____	
Analysed between Charitable activities	-	8,887	8,887	9,012	
	_____	_____	_____	_____	

Governance costs includes payments to the auditors of £3,600 (2015-£3,540) for audit fees and £900 (2015: £nil) for other work.

8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the period, except for P W E Fitt (see note 19).

9 Number of Employees	2016	2015
The average monthly number of employees during the period was:	3	3
	_____	_____
<i>Employment costs</i>	£	£
Wages and salaries	58,959	40,349
Other pension costs	1,052	-
	_____	_____
	60,011	40,349
	_____	_____

Notes to the Financial Statements (continued)

10 Net gains/(losses) on investments	2016 £	2015 £
Revaluation of investments	1,390,109	(272,349)
Gain/(Loss) on sale of investments	-	105,020
	<u>1,390,109</u>	<u>(167,329)</u>

11 Taxation

The company is a charity and is not liable to Corporation Tax on income. It is entitled to receive certain types of investment income without deduction of Income Tax at source. Expenditure includes where appropriate irrecoverable Value Added Tax.

12 Fixed asset investments	Listed Investments £	Other investments £	Total £
Cost or valuation			
At 1 October 2015	9,685,162	2,300	9,687,462
Additions	150,138	-	150,138
Valuation changes	1,390,109	-	1,390,109
	<u>11,225,409</u>	<u>2,300</u>	<u>11,227,709</u>
At 31 December 2016	11,225,409	2,300	11,227,709
Carrying amount			
At 31 December 2016	11,225,409	2,300	11,227,709
At 30 September 2015	9,685,162	2,300	9,687,462
		2016 £	2015 £
Other investments comprise:			
Loans		2,300	2,300
		2016 £	2015 £
Investments at fair value comprise:			
Charifund:		3,310,894	3,007,699
Charishare:		1,182,690	995,315
Schroders Charity Multi Asset Fund:		2,077,452	1,835,660
Newton Growth Fund for Charities:		837,060	699,335
Newton Growth & Income Fund for Charities:		3,817,313	3,147,153
		<u>11,225,409</u>	<u>9,685,162</u>

13 Financial instruments

Carrying amount of financial assets	2016 £	2015 £
Debt instruments measured at amortised cost	2,300	2,300
Equity instruments measured at cost less impairment	11,225,409	9,685,162
	<u>11,225,409</u>	<u>9,685,162</u>
Carrying amount of financial liabilities		
Measured at amortised cost	140	171

14 Debtors

Amounts falling due within one year:	2016 £	2016 £
Prepayments and accrued income	1,716	1,275

LIMITED BY GUARANTEE

15 Other creditors falling due within one year	Note	2016 £	2015 £
Other creditors		140	171
Accruals and deferred income		6,180	6,540
Grants approved not yet paid		166,133	116,037
		172,453	122,748

16 Grants payable		2016 £	2015 £
The analysis of grant funding for the period is as follows:			
Grants approved not yet paid - brought forward		116,037	69,039
Grants approved in period (net of grants approved but no longer required) £56,498 (2015 £Nil)	6	473,413	375,394
Grants paid in period		(423,317)	(328,396)
		166,133	116,037
Grants approved not yet paid - carried forward	15		

17 Retirement benefit schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £1,052 (2015: £nil).

18 Operating lease commitments

At the reporting end date the Charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2016 £	2015 £
Within one year	5,936	6,163
Between two and five years	8,042	15,560
	13,978	21,723

19 Related party transactions

During the period Peter Fitt Chartered Accountants, a business in which P W E Fitt, a director, has an interest, provided Accountancy fees and disbursements amounting to £1,913 (gross of VAT) (September 2015: £2,983).

All transactions were conducted on an arms length basis. There were no other transactions with related parties during the period. At the period end the Charity owed P W E Fitt £2,400 (2015: £3,000).

No guarantees have been given or received.

20 Non-audit services provided by auditor

The auditor, Whittle & Partners LLP have since April 2016 processed the Charity's payroll from information provided to them.

21 Cash generated from operations	2016 £	2015 £
Surplus/(deficit) for the period	1,350,447	(248,631)
Adjustments for:		
Investment income recognised in profit or loss	(493,428)	(356,973)
Gain on disposal of investments	-	(105,020)
Fair value gains and losses on investments	(1,390,109)	272,349
Movements in working capital:		
(Increase)/decrease in debtors	(441)	136
Increase in creditors	49,705	41,386
	(483,826)	(396,753)

Members List*

AS AT 31 DECEMBER 2016

President A H Frost

Directors

C Hayward	M F Pertwee
N J Busfield	T P Rudra
P W E Fitt	K Songhurst
M P Hickman	E Thrower

Hon Life Members

R W Griffin
E Hall
C F Pertwee
B Walsh
R W Whybrow
A Livesley

Other Honorary Members

M Hart
D Parnell
C Perry

Members

S Alexander
S Avery
J Blomeley
C Booth
V Downing
G Facey
A Fossick
J Fulford
P G Glossop
D Heather
C Hughes
S Johns Green
T J R Gordon

D E Lodge
D Lyons
Mayor of Colchester (ex officio)
K Miles
L Nicholl
M Perrins
M Robinson
T Rudling
A Saxon
M Vernon
M White
V Wiggins
A Woolf
J Wright

* 46 Members at 31 December 2016

HOW TO FIND US

From COLCHESTER town centre

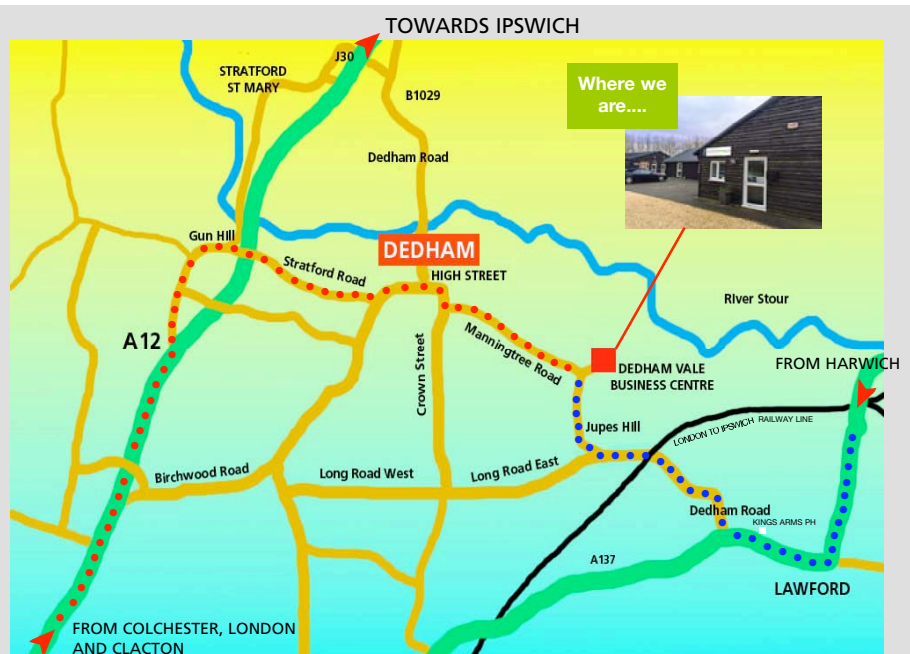
Take the A12 Ipswich Road going north and turn left at the 2nd Dedham exit signposted Dedham B1029. At the immediate T-junction turn right, following the road under the A12 and then right again at the T-junction signposted 'Dedham 1'. At Dedham High Street turn left then turn left again into Manningtree Road, signposted LAWFORD. The Business Centre is approximately one mile on the left.

From CLACTON

At the junction with the A12 take the third exit towards Ipswich and take the Ipswich Road going north. Turn left at the 2nd junction signposted to Dedham then follow the instructions as above.

From HARWICH

Follow the A137 and take Dedham Lane on the right towards Dedham just past the Kings Arms PH. After the low bridge turn right down Jupes Hill and we are about half a mile on the right hand side.



The Colchester Catalyst Charity, 3 Dedham Vale Business Centre, Manningtree Road, Dedham, Colchester CO7 6BL 01206 323420 email: info@colchestercatalyst.co.uk www.colchestercatalyst.co.uk