

2018

Annual Report

TWO THOUSAND AND EIGHTEEN



THE FOLLOWING LOCAL CARING ORGANISATIONS RECEIVE FUNDING FROM THE COLCHESTER CATALYST CHARITY FOR THE PROVISION OF RESPITE BREAKS FOR CARERS AND THEIR FAMILIES:

Action for Family Carers 01621 851640
Colchester Gateway Club 01206 867415
Crossroads Care
Tendring & Colchester 01255 860960
Crossroads Care
Braintree & District 01376 529985
EACH 01223 800 800
Essex Carers' Support 01255 474410
Halstead Day Centre 01787 476253
Headway Essex 01206 768797
Mistley Kids Club 07809 176252
MS Respite 01255 820025
Parkinson's UK Colchester 0344 225 3616
Parkinson's UK Clacton 0344 225 3778
Stepping Stones 01206 860467
Tendring Eldercare 01255 476889
Tendring Specialist
Stroke Services 01255 815905
The Ark 01255 502063

LEGAL AND ADMINISTRATIVE INFORMATION

TRUSTEES

C Hayward MBA
P W E Fitt FCA (Secretary)
Dr N J Busfield MA, PhD
Dr M P Hickman MB B.Chir DCH
MF Pertwee BA (Hons)
Dr T P Rudra MBBS, FRCP
K Songhurst LLB (Hons)
E Thrower DipCOT, MHCPC

REGISTERED OFFICE

14 Dedham Vale Business Centre
Manningtree Road, Dedham,
Colchester, Essex, CO7 6BL

Charity No. 228352
Company registration No. 634588
(England & Wales)

AUDITOR

Whittle & Partners LLP
The Old Exchange, 64 West Stockwell Street,
Colchester, Essex, CO1 1HE

BANKERS

National Westminster Bank plc
Colchester

ACCOUNTANT

Peter Fitt Chartered Accountants
West Mersea, Colchester

SOLICITORS

Birkett Long
Colchester

Colchester Catalyst Charity aims to improve the health of people living within the CO postcode areas by making a positive and ongoing contribution to the improvement of healthcare services in this region.



02	Figures at a glance
03	Chairman's Report
05	Independent Auditor's Report
06	Administrator's Report
09	Main Grants and Donations over £5,000
10	Development Manager's Report
13	Celebrating 30 Years
19	Trustees' Report
21	Statement of Financial Activities
22	Balance Sheet
23	Statement of Cash Flows
24	Notes to the Accounts
28	Criteria for Grant Making

At a glance

Direct charitable expenditure
£542,718
 down 11%

total net assets
£10,814,462
 down 9%

	2018	2017
Direct charitable expenditure	£542,718	£610,647
(Deficit)/surplus	(£143,692)	(£213,351)
Realised (losses)/gains on sales of investments	(£25,646)	£15,748
Unrealised (losses)/gains on valuation of investments	(£940,732)	£870,369
Total net assets at 31 December 2018	£10,814,462	£11,944,532

General applications

Equipment **14**
 sensory room **1**
 minibuses **3**
 virtual reality simulator **1**
 Education **1**
 capital build **1**
 counselling/befriending **2**
 information & respite service **2**
 Research Project **1**

Total 48
 (last year 47)

Accepted **26**
 unsuccessful **10**
 deferred **12**



Chairman's Report

Christine Hayward MBA

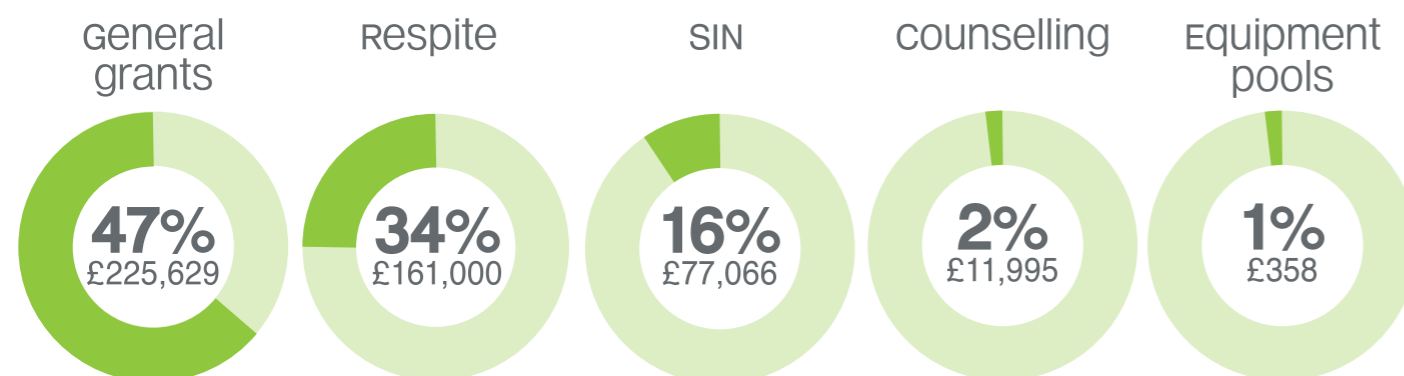


A huge success for Colchester Catalyst Charity this year has been to cross the £10 million grant threshold

Once again, it is my pleasure to write this introduction to Colchester Catalyst Charity's Annual Report for the year ended 31st December 2018, our 29th year of operation. As you read through this document, it becomes clear that the reports from Peter Fitt, our Company Secretary, Rodney Appleyard, our Development Manager and Stephanie Grant, our Administrator, are so comprehensive in giving you not only facts and figures but also the ethos and texture of what we do. It means that I hardly need to say more, except how proud I am of what has been achieved this year and thank our team of Directors and our staff, Stephanie Grant, Wendy Larkin and Rodney Appleyard, who have made all this happen.

Our grant making in 2018 was over £470,000 and this included some significant amounts as outlined in Stephanie Grant's report. A huge success for Colchester Catalyst Charity this year has been to cross the £10 million grant threshold. Action for Family Carers are the recipients of this landmark achievement. A grant of £5,116 was given to cover the start-up costs of a new respite service for unpaid Carers in Tiptree – a new and innovative project we are very pleased to support.

Breakdown of total grants expenditure



total grants expenditure

£476,048

PRESIDENT
A H Frost

DIRECTORS
C Hayward MBA (Chairman)
P W E Fitt FCA (Company Secretary)
Dr N J Bustfield MA, PhD
Dr M P Hickman MB B.Chir DCH
MF Pertwee BA (Hons)
Dr T P Rudra MBBS, FRCP
K Songhurst LLB (Hons)
E Thrower DipCOT, MHCPC

ADMINISTRATOR
Stephanie Grant

DEVELOPMENT MANAGER
Rodney Appleyard BA (Hons)

A key part of our strategic planning over the last few years has been to build up the 'catalysing' role of the Charity. Through this policy of developing links and joint or part funding with other funding bodies, another £1.7 million has been brought into the pot of financial support for the voluntary sector. This is truly remarkable and I should like to pay tribute to Rodney Appleyard's partnership skills and his ability to build strong collaborations with other funders.

2018 also saw the move into 14, Dedham Vale Business Centre, a slightly larger premises which gives both space for our staff team to work effectively and also offers a separate meeting room. The opportunity to →



Our new premises complete with new branding

Independent Auditor's Report

To the Trustees of Colchester Catalyst Charity

OPINION

We have audited the financial statements of Colchester Catalyst Charity (the 'charity') for the year ended 31 December 2018 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements: give a true and fair view of the state of the charitable company's affairs as at 31 December 2018 and of its incoming resources and application of resources, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the statement of Trustees responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: <http://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

26 February 2019

Rachel Skells BA FCA
(Senior Statutory Auditor) for and on behalf of Whittles Chartered Accountants

Statutory Auditor Whittle & Partners LLP
The Old Exchange, 64 West Stockwell Street, Colchester, Essex CO1 1HE

Whittles is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006.

acquire our first purchased premises was one which the Directors agreed was efficient use of capital and means that we have ideal facilities for our future needs. As Peter Fitt will reiterate, we assess that the current worth of our premises is at least equal to both the purchase and improvement costs.

The move to new premises also coincided with the Directors agreeing a new marketing strategy for the Charity. Rodney Appleyard and Mark Pertwee, our Vice-Chairman, are continuing to work on this, the purpose of which is to ensure that as many people, both individuals and organisations, are aware of the charity and its remit and to encourage more grant applications. In the digital age, it is important that we are as visible as possible and that we continue to be recognised as a significant contributor to the charitable sector in the CO postcode area. Our new logo hopefully encapsulates Colchester Catalyst Charity as a modern, receptive and innovative organisation.

When you receive this report, the Colchester Catalyst Charity will be celebrating its 30 year Anniversary. The AGM will be held in the historic Colchester Moot Hall with special guests and celebrations and I do hope that you will be able to come and mark this milestone with us. We are very grateful to all of you who work alongside us, both as part of other organisations and on our various committees, so it would be wonderful to see you there.



One of the physiotherapy trikes we have funded for children through SIN

The history of the Charity has been documented in a fine book written by Peter Fitt, who has served Colchester Catalyst Charity for all of its 30 years. What a huge accolade needs to be paid to those who were there at the very beginning, who had the vision and foresight to invest monies from the sale of the Oaks Hospital in order to create the organisation we have today. A tribute, too, to all those caring people who have served on the Board of the Charity over the years, to ensure sustainability, sound investments and careful management. Finally, my thanks to those who are working with the Charity today; those who maintain a vibrant, exciting and responsive organisation which continues to make a difference to the improvement of healthcare within our community.

Christine Hayward
26 February 2019



The Directors of Colchester Catalyst Charity: From L to R Mark Pertwee, Peter Fitt, Max Hickman, Keith Songhurst, Prakash Rudra, Christine Hayward, Liz Thrower and Joan Busfield

TOTAL VALUE OF GRANTS ON A YEAR-BY-YEAR BASIS

2018	£476,048 ▼
2017	£547,655 ▲
2016	£473,413 ▲
2015	£375,394 ▲
2014	£365,679 ▲
2013	£281,796 ▲
2012	£256,545 ▼
2011	£349,257 ▲
2010	£341,552 ▼
2009	£398,762 ▼
2008	£475,095 ▲
2007	£444,212 ▲
2006	£325,421 ▲
2005	£223,988 ▼
2004	£262,846 ▼
2003	£339,092 ▼
2002	£480,019 ▼
2001	£538,264 ▲
2000	£502,588 ▲
1999	£427,564



Administrator's Report

Stephanie Grant



Wendy Larkin Administrator's Assistant

This is my ninth Administrator's report for Catalyst and we continue to work closely with a small dedicated team comprising Rodney Appleyard, our Development Manager, Wendy Larkin, Administrator's Assistant and myself.

The Catalyst Charity aims to provide support and make a positive and ongoing contribution to the improvement of health care within the CO postcode area where help is not available from the statutory authorities.

During 2018, the Catalyst Trustees considered 48 General Applications (47 last year) from various organisations in our area of operation, of which 28 (58%) (27 - 57% last year) were successful. This period £225,629 was spent on general grants (£347,334 last year). We all feel very happy and privileged to be working for the Catalyst Charity, by bringing help to those people who fall outside the statutory remit.



Stephanie Grant at a Leonard Cheshire event, attended by Princess Anne

It is always our intention to work with groups and to encourage them to seek match funding from other organisations and our grants often act as a catalyst to release such funding.

We fund specific projects with a well-defined medical benefit and this year we have again been involved with some exciting, diverse and innovative projects by making grants to a wide range of different organisations.

This has included projects which have enabled charities to expand and sustain the activities that they currently offer and to cement the importance of

their charitable role in the community going into the future.

With this in mind, we were pleased to make our largest grant this year of £50,000 to Colchester Hospitals Charity in respect of the new Cancer Centre at the Colchester General Hospital. Previously patients on the cancer ward did not have any privacy and had to receive their treatment in cramped conditions. Our grant will help to improve the experience of people with cancer at the hospital. The Centre has also brought together all of the cancer services in Colchester into one place.

We were pleased to make our largest grant this year of £50,000 to Colchester Hospitals Charity in respect of the new Cancer Centre



Stephanie Grant with Sharon Alexander and Lisa Andrews, from CVST, at the opening of The Dovercourt & Harwich Hub

Our grant of £33,939 to Stepping Stones Play and Learn Group enabled them to purchase a minibus which was shared between two charities. Stepping Stones use the bus during the day so that their children can access activities within the Community and Gateway can use the bus in the evenings and weekends to give people with learning difficulties the opportunity to access leisure and social activities.

Age Concern aim to alleviate poverty and reduce loneliness for those in Colchester and its outlying villages. At Catalyst we recognise that loneliness and isolation is often experienced by older people and can be as detrimental to health as smoking cigarettes and so we were pleased to make a grant of £25,000 to Age Concern to enable them to further develop a property that they had purchased in North Hill in Colchester. Our grant helped to renovate the building so that it meets the needs of those people in later life. Our grant was also used to fund equipment so that Age Concern can provide clubs to combat loneliness with computer training.

A further grant of £15,000 was made to Age Concern to enable them to increase befriending support for people across Tendring and Colchester. Age Concern is working to introduce people who experience social isolation and loneliness, and their befrienders, to a group which will develop their well-being such as memory afternoons, more active groups or support groups for anxiety and depression or general friendship groups. The well-being

survey will be undertaken by the Psychology Department of the University of Essex.

We made an exciting and innovative grant of £25,000 to the Icen Centre towards the cost of a virtual reality simulator. The Icen Centre is a place where high quality medical education and training can be provided in order to attract first class healthcare professionals into the Colchester area to work and train. Enhanced training simulators have been shown to improve patient safety, patient outcomes and save time in the operating theatre.

Outhouse East were another group we were able to help with a grant of £20,000. This enabled them to expand their counselling services and capacity to support more people. This group help people in the LGBT (Lesbian, Gay, Bisexual and Transgender) community to increase their skills, knowledge and self-confidence in improving their health and well-being.

Bright Lives are an organisation that provide high quality services that promote achievement, inclusion and learning through art, and music for adults with a learning disability. We were very pleased to be able to support them with a grant of £15,305 which will allow them to expand their services.

Other grants included a grant of £13,500 to Colchester First Responders to

install ten defibrillators in the Colchester area. A grant of £13,000 was awarded to Autism Anglia in respect of sensory rooms at the Doucecroft School. We were pleased to support Extra Support for Families with a grant of £10,000 to set up a self care programme to provide short-term solutions with long term positive results to those people suffering from depression. A grant of £10,000 was made to the Bridge Project in Sudbury to enable them to fund a replacement lift. £10,000 went to the Farleigh Hospice for the provision of an outreach vehicle.

We were pleased to support two Citizen's Advice Bureaux in our area with a grant of £10,000 to CAB Colchester to offer rehabilitation support for patients from the Lakes Hospital in Colchester and a grant of £9,000 to CAB in Tendring towards the cost of a platform lift.

Other grants included £8,476 to Lexden Springs School for five Grillo Walkers. A grant of £5,116 to Action for Family Carers to enable them to provide a respite service in Tiptree. We were pleased to support the Cancer Campaign Suffolk with a grant of £5,084 to purchase prosthetics in the CO postcode area.

A grant of £5,000 was awarded to Essex University to enable them to carry out research into post-traumatic stress disorder (PTSD). We were pleased to support the Clacton Leg Club with a grant of £3,000 to enable →



The team at the Youth Enquiry Service (we awarded YES a grant of £15,738 for counselling support)

them to buy equipment to help people in the Tendring area who suffer with lower leg problems, especially lower leg ulcerations.

All our grants are monitored regularly and we ask for feedback, reports and photos where appropriate.

We continue to support counselling services and this accounted for £11,995 of expenditure during 2018.

Special Individual Needs (SIN) grants continue to be an important part of our work. There were 164 (149 last year) applications of which 135 (124 last year) were successful. Once again the vast majority of grants provided mobility equipment for those who could not obtain it from the statutory providers.

We continue to work in partnership with the Neuro Rehabilitation Unit at Colchester General Hospital to bulk purchase 3 and 4 wheeled walkers which they distribute as necessary.

We also work in partnership with North East Essex Wheelchair Services and have an arrangement with Anglian Community Enterprise to part fund childrens' sleep systems. Christine Hayward continues to chair the SIN committee and the group, which meets every 4 to 5 weeks, and is made up of health professionals.

We regularly receive letters and cards of thanks from individuals and their carers who are so grateful for the help provided.

The Catalyst respite scheme continues to represent a significant part of our budget and in the year 2018 £161,000 was spent on arranging short term respite care. This scheme allows full-time carers to have a break from their caring duties. We work in partnership with about a dozen care organisations, listed on the inside front cover of this report. Our partners are trained as assessors, and each organisation has an agreed annual budget. We monitor the activity and meet together as a group twice each year.

We were pleased to welcome Action for Family Carers into our respite scheme in 2018. Young Carers often have huge responsibilities and no independent income. Our grant has allowed 50 Young Carers to attend Colchester Young Carers respite club nights. During the sessions young carers have the opportunity to take part in healthy eating cookery sessions, participate in craft activities, attend road safety 'bikeability' training courses, learn about sun and home safety and take part in team games inside and outdoors.

The amount of £358 was spent on Equipment Pool equipment during 2018. This was used to purchase a Symmetrikit Knee Cosy for the Community Paediatric Rehab Team.

In communicating Catalyst's activities, our website www.colchestercatalyst.co.uk provides a wealth of information about our services and grants in addition to having links to partner sites providing advice, support and services to help improve healthcare within the CO postcode area.

Application forms for General and Special Individual Needs grants are available to download from the site, as well as copies of past Annual Reports together with a regularly updated news section. We can also now be found on Facebook which is also updated on a regular basis.

Finally I would like to take this opportunity to thank all my colleagues, Catalyst's Chairman Christine Hayward, Peter Fitt, Company Secretary, the Board, Development Manager Rodney Appleyard, assistant Wendy Larkin and our partner charities and organisations for all their help, support and encouragement during the past year.

Stephanie Grant
26 February 2019

Main Grants and Donations

Over £5,000

FOR THE YEAR ENDED 31 DECEMBER 2018

colchester hospital charity
NEW CANCER CENTRE
£50,000

stepping stones
MINIBUS
£33,939

Age concern
CAPITAL BUILD
£25,000

iceni centre
VIRTUAL REALITY
SIMULATOR
£25,000

outhouse East
REFIRBISHMENT
OF PREMISES
£20,000

youth enquiry service
COUNSELLING
£15,738

Bright Lives
HARWICH &
CLACTON CENTRE
£15,305

Age concern
BEFRIENDING
SCHEME
£15,000

colchester first responders
DEFIBRILLATORS
£13,500

Autism Anglia
SENSORY ROOMS
AT DOUCECROFT
£13,000

extra support for families
SELF-CARE FOR
DEPRESSION
£10,000

The Bridge Project
LIFT REPLACEMENT
£10,000

Farleigh hospice
INFORMATION BUS
£10,000

citizens advice
bureau colchester
INFORMATION &
ADVICE SERVICE
£10,000

citizens advice
bureau tendring
INSTALLATION OF
PLATFORM LIFT
£9,000

Lexden springs school
FIVE GRILLO WALKERS
£8,476

Action For Family carers
RESPITE SERVICE
IN TIPTREE
£5,116

cancer campaign suffolk
PROSTHETICS
£5,084

Essex university
PTSD RESEARCH
PROJECT
£5,000



We welcomed Action For Family Carers into our Respite Scheme to support young carers

GENERAL APPLICATIONS FROM ORGANISATIONS

Period Ended	31/12/18	31/12/17	31/12/16	30/09/15	30/09/14
From organisations	48	47	60	31	35
successful	26	27	37	14	16
unsuccessful/withdrawn	10	12	12	11	17
deferred	12	10	11	6	2

SPECIAL INDIVIDUAL NEEDS APPLICATIONS

Period Ended	31/12/18	31/12/17	31/12/16	30/09/15	30/09/14
From individuals	164	149	220	200	229
successful	149	124	181	162	192
unsuccessful/withdrawn	8	18	29	27	20
deferred	7	7	10	11	17



Development Manager's Report

Rodney Appleyard

As we prepare, during this special year, to celebrate Colchester Catalyst Charity's 30th Anniversary, it seems appropriate to spend time reflecting on the huge successes of the charity since its inception in 1989. These landmark achievements have been documented in careful detail inside Peter Fitt's new book about the charity's history, which will be launched at our AGM on April 29th.

As Peter has highlighted, some of the ideas initiated many years ago, are still going strong now, such as the SIN and Respite schemes. These grant programmes have helped to improve the lives of a large numbers of people suffering from health issues in the local area.

Recently, we were proud to surpass the breath-taking landmark of awarding £10 million in grants over the last 30 years! This grant of £5,116 has been awarded to Action For Family Carers for the purpose of setting-up a new Day Centre to support lonely and isolated people living in the Tiptree area. We also awarded a grant to the charity earlier in the year to support young carers living in Colchester, which saved the group from closing.



We were delighted to award £5,116 to Action For Family Carers recently, which took us beyond the £10 million landmark in grant-giving over the last 30 few years.

The grant will be used to set-up a new Day centre in Tiptree for older people who feel isolated and lonely in the area.

We are pleased to announce that the centre is already up and running and is helping over 10 people per week.

We are looking forward to reporting back on the success of this grant as the project progresses.



These grants are just two examples of the many grants we have awarded to organisations and individuals over the years, which have resulted in significant improvements and positive changes in peoples health. Although there is no doubt that our legacy over the last 30 years has had a long-lasting impact on people's lives within the CO post code, we are determined to build on these successes. At the very least, we aim to equal the scale of these achievements in the future, but our goal is to exceed them, if possible.

As Peter identified in his book, there are still areas we can improve on, which includes building and inspiring stronger collaborations between charities on joint projects.

Catalyst was also involved in a number of success stories in 2018, which

case study

NEEDS

In 2017, we awarded North East Essex Diabetes Services a grant of £5,000 to enable 14 patients with type 1 diabetes to monitor their blood sugar levels more effectively using FreeStyle Libre devices. This led to the North East Essex Clinical Commissioning Group releasing additional funding to support a further 99 people with this technology over the course of a year.

The Government also announced recently that it is going to invest significantly in rolling out this technology nationally in the future.

Hannah Addington, the Specialist Diabetes Practitioner at NEEDS, said: "One patient was pregnant and we felt as a team that she would benefit from having the technology for the remainder of her pregnancy, which was of great benefit. The majority of people found the Libre very useful. Nine patients improved their HbA1c (long term diabetes control) and five patients experienced a reduction in the number of low blood glucose levels they had (hypoglycaemic episodes)."

She adds that overall, people have definitely experienced improvements to their quality of life. Some people have continued to self-fund the technology for their Libre devices post trial.



Rodney Appleyard with Caroline Bates and Penny Norris at the launch of the Time Garden

included working with other funders to unlock a substantial amount of grants for projects we initially supported. This is of course a key catalysing role that we always like to play when pledging our faith in new projects. In total, over £1,720,000 in additional funds were awarded from other funding allocations last year following our initial grants, which is a staggering amount.

In particular, we are grateful to our growing partnership with the National Lottery Community Fund (formerly known as the Big Lottery Fund), which has been consistent in regularly securing long-term funding to develop projects we initially helped

to get off the ground. This year, we are also delighted that a number of others funders and commissioners have helped to boost the longevity of these projects, including the Essex Community Foundation, Essex County Council, Colchester Borough Council and the North East Essex Clinical Commissioning Group. Some of the charities we have been working with have also been very effective with raising their own funds off the back of our grants to guarantee the long-term success of their projects.

Beacon House is one of these success stories. Following Catalyst's grant of £15,000 towards the cost of setting up a new medical clinic in Beacon House's new premises, this unlocked another £58,000 from the Lottery and £20,000 from the Essex County Council Community Initiatives Fund towards the refurbishment of the building. In addition to this, the Lottery also released a further £140,000 towards the running costs of Beacon House for the next few years.

Age Concern has managed to raise almost £205,000, following grants awarded from us, which has enabled the organisation to set-up a new base on North Hill in Colchester. We contributed £25,000 towards the

refurbishment of this new building and £15,000 to expand the charity's befriending scheme throughout North East Essex, including Clacton and Harwich.

These awards followed a £10,000 grant we agreed for a pop-shop in the town centre, to provide advice for older people and identify their biggest needs. The success of this pop-up shop also led to £550,000 being released from elsewhere to purchase the new property and address those needs. →



Local media coverage

case study

Slipper Exchange

In March 2018, we awarded £1,838.59 to purchase a stock of slippers for distribution across CO postcodes in North Essex. With this award, Community360 were able to work in partnership with organisations to launch a Slipper Exchange, which aims to reduce the number of falls locally and improved falls prevention, consequently improving people's health and also linking people to local services. The Slipper Exchange schemes have been operated across the country and proven up to a 60% reduction in falls for people who are identified as at risk.

Louise Willsher, a Business Development Manager for Community360, said the scheme has been a huge success since it was launched on the 1st June 2018, at the One Colchester shop in Colchester's town centre. "For example, we have taken slipper swap events to Halstead on a Saturday morning, residents' meetings in social housing schemes and Parsons Heath Medical Centre. The charity has also worked with colleagues at Colchester General Hospital to issue slippers for patients who are due to be discharged home. Additionally, we have visited care homes,

collaborated with Anglian Community Enterprise, Community Agents and other local voluntary and community groups.

"In total, 258 pairs of slippers were distributed in the first six months of the scheme's launch. Several other charities have reviewed the impact of the scheme and have decided to replicate it in their local areas. Community360 has also been able to secure funding from North East Essex CCG and Braintree District Council to replenish their stocks of slippers and extend the programme beyond its original 6 month timeline.

"In the next six months, further slipper swap events are scheduled in GP surgeries in Colchester and the Braintree area."



Carers providing support at Headway Essex



Grant boost for the new Cancer Centre at Colchester Hospital

Last year, we were also pleased to hear that a number of projects we supported in the previous year received significant funding boosts to expand the delivery of their healthcare services in the area.

For example, The NEECCG supported the North East Essex Diabetes Service with a pilot to provide FreeStyle Libres for 99 people with diabetes, following a £5,000 grant from Catalyst towards the purchase of a batch of Libres for 14 people. These machines enable people with diabetes to monitor their blood sugars during the day and reduce the risk of their health deteriorating. NEEDS said that without Catalyst's support, they could not have collected the evidence needed by the CCG to support the ongoing funding.

Additionally, following successful collaborative working on the self-care programme for people with learning disabilities, initially funded by Catalyst, Colchester Gateway Clubs has secured additional funding from Essex Mencap, who received £60,000 from Essex County Council towards the continuation of the work in the Colchester and Tendring areas. This funding also covers Essex Mencap to replicate the project county wide. This programme involves helping people with learning disabilities and their families to tackle critical health issues, so they can live better lives, either independently or with the support from their families or carers. →

30TH ANNIVERSARY SPECIAL FEATURE

CELEBRATING 30 YEARS

1989 - 2019



To find out more about Catalyst's history, please contact us for a copy of Peter's Fiitt's book about the first 30 years of the charity.

1949



In 1949, a group of doctors and surgeons under the leadership of Ronald Reid (an eminent consultant) established a private hospital in Lexden Road Colchester - The Oaks Drive Hospital.



1989

In 1989, the hospital was sold and the Colchester Catalyst Charity was set-up, with responsibility of managing the funds raised from the sale.

A new object was created for the charity to: "Relieve at or in the neighbourhood of Colchester in the County of Essex the sick and suffering". This remit has now been expanded to include the whole of the CO post-code.

At that time, the charity was worth over £3 million.

From this point, the charity has carefully invested its capital with great success, with a portion of the returns spent each year on charitable projects and individuals, when no other statutory funding has been available.



1963

In 1963, the hospital was transformed into a registered charity.

1990



In 1990, Pat Gosling joined the charity as its Administrator and was instrumental in launching a number of grant programmes that are still running today.

In addition to managing the General Grant applications for organisations, he also established four new programmes covering: Special Individual Needs, Respite Care, Equipment Pools and Counselling.

1995



The Equipment Pools were created in 1995 to provide urgent equipment for people to borrow from Catalyst for a limited amount of time, if they were faced with months of waiting for these items from the NHS.

The first pool was established for local district nurses to use.



The Special Individual Needs programme is run by a small sub-committee and was set-up to provide vital medical equipment for people who cannot afford to buy these items, or are unable access them from the statutory services.

These pieces of equipment include: Wheelchairs, scooters and other items that can help to increase people's mobility and enable them to live more independently.



1996

Our Respite Scheme was established in partnership with Social Services in 1996, to provide respite care for carers. This scheme, which still forms an important part of Catalyst's grant-making received national recognition from the Social Services Directorate.



1998

Catalyst's Counselling Scheme was established in 1998. It consists of a small number of providers putting forward people for support on a case by case basis.

2000



In 2000, Catalyst funded the opening of the St. Helena Hospice Tendring Centre in Clacton. It provided a base for Marie Curie, Deaf-Blind UK, Headway, Mencap and Motor Neurone Association.

2018



In 2018, the Dovercourt & Harwich Community Hub was launched to address serious physical and mental health issues faced by local people in the area.

2005



Catalyst House was established in 2005. Catalyst moved into this premises, which also housed the Independent Living Centre, the Essex Equipment Services and a number of other health organisations.



2006

The Short-Term Wheelchair Loan Charity grew out of Catalyst's Equipment Pools programme and was launched in 2006, under the leadership of former Catalyst Administrator, Bart Walsh. It also set-up its base inside Catalyst House.



At the end of 2018, Catalyst surpassed the £10 million in grant-giving after awarding a grant of £5,116 to Action For Family Carers to set-up a new Day Centre for older people in Tiptree.

The charity is now worth over £10 million

2003



In 2003, Catalyst agreed to award funds towards the creation of the Independent Living Centre, working in partnership with local Primary Care Trusts and Social Care. This centre provided an opportunity for people with disabilities to trial different pieces of equipment before using them at home.

Essex Equipment Services established its own equipment pool service in 2004, based on the Catalyst model.

In 2018, our grants helped to unlock over £1.7 million from other funds.

managed to raise a further £263,000 to refurbish the building, which included a substantial amount of its own funds.

The centre is already being used extensively to support people of all ages and those with physical and mental health problems. A wide range of activities are already in place including Bereavement support, winter resilience, weight management, recovery support, occupational therapy and physical activities for all abilities. It was full on the day it opened. 100 people attending, who were very keen to use the centre to set-up vital new services in the area.

We are very pleased that we were able to support a wide variety of projects again in 2018. During that time, we were inundated with requests to fund new initiatives as

And finally, we were delighted to attend the launch of CVST's new Dovercourt and Harwich Community Hub, which opened November 2018. In addition to the initial grant of £95,000 we awarded the organisation to set-up this centre, CVST also

a result of stepping up our marketing efforts, which have been very successful. We are now looking forward to celebrating the rest of this year and achieving even more as a grant-giving charity over the next 30 years.

Rodney Appleyard
26 February 2019



Rodney Appleyard with Mark Platt, the Chairman of Tendring District Council

Extra Family Support

We awarded Extra Family Support £10,000 to provide a number of specialised self-care programmes for 50 people in Jaywick with mental health problems. The programme of courses aimed to equip people with the skills they need to cope with depression, stress and anxiety, which had left them in a state of mental paralysis.

Please find below feedback from one of the people who attended the courses and has experienced a significant turn around in her mental health as a result:

"I attended the Managing Stress and Managing Worries/Anxiety courses. I decided to go to these courses because I have gone back to college to do my maths GCSE and I needed something to try and help me manage.

"Doing these courses has made a big difference to me. I have learnt lots of techniques to try and help me manage my stress during revision, such as taking time out for myself and not letting my 'normal' life stop.

"I would say I am less anxious now since the courses have finished as I have coping mechanisms to help with my anxiety.

"I had a mock exam yesterday. I felt much better prepared for it in myself in terms of my anxiety/stress levels because I had used what I had learnt at the courses."



The Extra Family Support Team

case study

case study

Age Concern Colchester

We awarded Age Concern Colchester £25,000 in 2018 to refurbish its new headquarters on North Hill in Colchester and set-up new services for older people in the community. This award followed a £10,000 grant we agreed for a pop-shop in the town centre, to provide advice for older people and identify their biggest needs. The success of this pop-up shop led to £550,000 being released from elsewhere to purchase the new property and address those needs.



Simon Prestney, the CEO of Age Concern Colchester, said that our grants have been the catalyst for the organisation's success over the last two years.



"We are set to see 10,000 visitors this year at our new building and this is because of the backing of Colchester Catalyst and some other key funders. One application success worked hand-in-hand with another and as a result, we now have a centre that provides weekly attendees for classes that include: Chiropody, osteopathy, chairaerobics, keep fit sessions, coffee mornings, support in loss sessions, a free legal surgery, free pensions advice, befriending and our traditional advice services on finance, health, care choices, mobility and housing.

"Our friendly Advice Service brings in entitlements for those in poverty of £1.3m - £1.4m a year and we befriend 56 people in the home," adds Prestney. "Our reach in the community and profile in Colchester has jettisoned as a result of the support of the Colchester Catalyst Charity and we are very grateful to have been helped to a new place where we can do even more for those who are lonely and socially isolated."

"Joining the charities sector as a newly appointed charity CEO is an interesting challenge and one that I have thoroughly enjoyed.

One of the greatest revelations to me is the amazing work that happens behind the scenes by grant makers such as the Colchester Catalyst Charity who are looking to support charities become more effective and resilient in the work they do.

Having worked through the grant-writing process with the Catalyst team, we have found their approach to be very supportive. They tease out what is needed, the outcomes that you are looking to achieve and what happens after the grant is awarded. For a new CEO into the industry the approach of being well supported through the application process is key to our current success and has had much greater reach in winning grants elsewhere as a result."

Simon Prestney, Age Concern



FOR THE YEAR ENDED 31 DECEMBER 2018

Trustees' Report (Including Directors' Report)

P W E Fitt

The Charity is administered by a Board of Trustees.

TRUSTEES

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

C Hayward MBA
P W E Fitt FCA

Dr N J Busfield MA, PhD
Dr M P Hickman MB B.Chir DCH
M F Pertwee BA (Hons)
Dr T P Rudra MBBS, FRCP
K Songhurst LLB(Hons)
E Thrower DipCOT, MHCP

ADMINISTRATOR & ASSISTANT
S Grant
W Larkin

DEVELOPMENT MANAGER
R Appleyard

Nominations for the appointment of new Trustees are made based upon the established knowledge and experience of the candidate and on the likely contribution that the candidate may make to the work of the charity. All Trustee appointments are subject to election at an AGM and all Trustees are subject to re-election at an AGM every three years.

Trustees are provided with appropriate information and guidance on induction; no other formal training is provided to trustees.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)"

OBJECTIVES AND ACTIVITIES

The objective of the charity is the relief of the sick and suffering of North East Essex. The Trustees confirm that they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when planning its future activities and setting the grant making policy for the year. Details of the charities activities and achievements during the year are set out in the Administrators Report.

GRANT MAKING POLICY

The Charity's detailed grant making criteria are set out elsewhere in this report. All applications for grants are considered by the Trustees and where successful are formally approved. An annual grants budget is set by the Trustees.

RESERVES POLICY

The Trustees have adopted a policy of endeavouring to retain sufficient funds to maintain the Capital Reserve

as at 30th September 1989 adjusted for inflation. The Capital Reserve at 31st December 2017 required by this policy amounted to £10,969,270 (2017:£10,733,141). It is intended that this policy will be adhered to for the foreseeable future whilst recognising that there may be temporary shortfalls in consequence of fluctuations in stock market values.

INVESTMENT POLICY

The investment policy is determined by the Trustees, with the benefit of external advice, after considering income requirements, risk profile and stock market prospects in the short and medium term.

RISK STATEMENT

The Trustees confirm that the major risks to which the charity is exposed, as identified by the Trustees, have been reviewed and systems established to mitigate these risks.

PLANS FOR FUTURE PERIODS

The Trustees plan for the foreseeable future to continue making grants with a view to making a positive contribution to improving care of the sick or suffering in the CO postcode area.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a company limited by guarantee (number 634588), governed by a Memorandum and Articles of Association and is a Registered Charity (number 228352).

At 31st December 2018 there were forty two members. →

ACHIEVEMENTS AND PERFORMANCE

Financial Review

The results are shown in the financial statements of which the following is a summary:

	31/12/2018 £	31/12/2017 £
Direct Charitable Expenditure	550,926	618,908
Deficit	(143,692)	(213,351)
Realised (Losses)/Gains on Sales of Investments	(27,880)	15,478
Unrealised (Losses)/Gains on valuation of Investments	(938,498)	870,369
Total Net Assets at 31st December	10,834,462	11,944,532

Future financial performance will be affected by the investment income and growth achieved in future years.



One of the defibrillators we funded for Colchester Community First Responders

Colchester Catalyst Charity became a grant making charity in 1990 following the sale of the Colchester Oaks Hospital, in Oaks Drive, to Community Hospitals PLC. The sale was conditional on Community building a new hospital, to an agreed high specification, by 1994 - this was done and the new Oaks Hospital off Mile End Road was opened in January 1994.

With the agreement of the Charity Commissioners the directors decided to devote the income, from the invested funds resulting from the sale 'for the relief of the sick or suffering of North Essex'.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees, who are also the directors of Colchester Catalyst Charity for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally

Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the

charity will continue in operation. The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

AUDITOR

Whittle & Partners LLP practising as Whittles has indicated their willingness to continue in office and will be proposed for reappointment in accordance with section 485 of the Companies Act 2006.

DISCLOSURE OF INFORMATION TO AUDITOR

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The Trustees report was approved by the Board of Trustees.

P W E Fitt FCA
26 February 2019

Statement of Financial Activities

Including Income and Expenditure Account

FOR THE YEAR ENDED 31 DECEMBER 2018

	Notes	2018 £	2017 £
INCOME FROM :			
Donations and subscriptions etc.	2	1,156	2,725
Income from investments	3	406,078	402,832
Total Income		407,234	405,557
EXPENDITURE ON :			
Charitable activities	4	550,926	618,908
Net gains/(losses) on investments	7	(966,378)	885,847
Net movement in funds		(1,110,070)	672,496
Fund balances at 1 January 2018		11,944,532	11,272,036
Fund balances at 31 December 2018		10,834,462	11,944,532

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.



Peter Chillingworth, the Mayor of Colchester, with the leaders of the charities he supports

Balance Sheet

FOR THE YEAR ENDED 31 DECEMBER 2018

	Notes	2018 £	2017 £
FIXED ASSETS			
Tangible assets	11	158,866	-
Investments	14	10,455,097	11,941,410
		10,613,963	11,941,410
CURRENT ASSETS			
Debtors	12	7,296	1,840
Cash at bank and in hand		360,638	310,733
		367,934	312,573
CREDITORS			
Amounts falling due within one year	15	(147,435)	(309,451)
Net current assets		220,499	3,122
Total assets less current liabilities		10,834,462	11,944,532
INCOME FUNDS			
Unrestricted funds - general		10,834,462	11,944,532
		10,834,462	11,944,532

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2018, although an audit has been carried out under section 144 of the Charities Act 2011. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 26 February 2019

C Hayward MBA Trustee

P W E Fitt FCA Trustee

Company Registration No. 634588

Statement Of Cash Flows

FOR THE YEAR ENDED 31 DECEMBER 2018

	Notes	2018 £	2017 £
CASH FLOWS FROM OPERATING ACTIVITIES			
Cash absorbed by operations	22	(717,242)	(479,310)
Investing activities			
Purchase of tangible fixed assets		(158,866)	-
Purchase of investments		(132,365)	(127,853)
Proceeds on disposal of investments		652,300	300,000
Investment income		406,078	402,832
Net cash generated from investing activities		767,147	574,979
Net cash used in financing activities			
		-	-
Net increase in cash and cash equivalents		49,905	95,669
Cash and cash equivalents at beginning of year		310,733	215,064
Cash and cash equivalents at end of year		360,638	310,733

Notes

To The Financial Statements

FOR THE YEAR ENDED 31 DECEMBER 2018

1 ACCOUNTING POLICIES

CHARITY INFORMATION

Colchester Catalyst Charity is a private company limited by guarantee incorporated in England and Wales. The registered office is 14 Dedham Vale Business Centre, Manningtree Road, Dedham, Essex, CO7 6BL.

1.1 ACCOUNTING CONVENTION

These accounts have been prepared in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102"), "Accounting and Reporting by Charities" the Statement of Recommended Practice for charities applying FRS 102, the Companies Act 2006 and UK Generally Accepted Accounting Practice as it applies from 1 January 2015. The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 GOING CONCERN

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 CHARITABLE FUNDS

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

1.4 INCOMING RESOURCES

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Other income including income tax recoverable is accounted for on an accruals basis as far as it is prudent to do so.

1.5 RESOURCES EXPENDED

Grants and donations payable are recognised as expenditure when the grant is approved.

1.6 TANGIBLE FIXED ASSETS

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

- Freehold land and buildings
- 0% depreciation

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/ (expenditure) for the year.

1.7 FIXED ASSET INVESTMENTS

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at quoted sale value at the close of business on the balance sheet date. Changes in market value are recognised in net income/(expenditure) for the year and carried to the capital fund. Transaction costs are expensed as incurred.

Quoted investments are included at quoted saleable value as at the close of business on the balance sheet date, any surplus or deficit arising on such valuation is carried to capital fund.

1.8 IMPAIRMENT OF FIXED ASSETS

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 BASIC FINANCIAL ASSETS

Basic financial instruments are initially recognised at transaction value and subsequently measured at amortised cost.

Financial assets comprise cash at bank and in hand, together with trade and other debtors. A specific provision is made for debts for which recoverability is in doubt. Cash at bank and in hand is defined as all cash held in instant access bank accounts and used as working capital.

Financial liabilities held at amortised cost comprise all creditors except social security and other taxes, deferred income and provisions.

1.10 EMPLOYEE BENEFITS

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

1.11 RETIREMENT BENEFITS

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 GRANTS AND DONATIONS PAYABLE

Grants and donations payable are recognised as expenditure when the grant is approved.

1.13 GIFTS IN KIND

The Charity receives the benefit of work carried out by volunteers. No value is placed on this in the financial statements.

2 DONATIONS AND SUBSCRIPTIONS ETC.

Donations and gifts

3 INCOME FROM INVESTMENTS

Income from quoted investments

	2018 £	2017 £
Donations and gifts	1,156	2,725
Income from quoted investments	406,078	402,832

4 CHARITABLE ACTIVITIES

Staff costs
Office expenses
Miscellaneous

Grant funding of activities
Share of support costs
Share of governance costs

5 TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration, benefits or payments for expenses from the charity during the year.

6 EMPLOYEES

The average monthly number of employees during the year was:

EMPLOYMENT COSTS

Wages and salaries
Social security costs
Other pension costs

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

7 NET GAINS/(LOSSES) ON INVESTMENTS

Revaluation of investments
Gain/(loss) on sale of investments

8 GRANTS PAYABLE

Charities etc
Special Individual Needs
Equipment Pools
Respite Care

A detailed analysis of Grants and Donations made in the year can be found on page 9.

9 TAXATION

The company is a charity and is not liable to corporation tax on income. It is entitled to receive certain types of investment income without deduction of Income Tax at source. Expenditure includes where appropriate irrecoverable Value Added Tax.

10 SUPPORT COSTS

Relocation costs

Audit fees
Accountancy
Sundries

Analysed between Charitable activities

Governance costs includes payments to the auditors of £4,120 (2017- £3,900) for audit fees and £936 (2017: £666) for other work.

2018
£

52,391
11,163
633

64,187

476,048
2,483
8,208

550,926

2018
Number

3

2018
£

50,559
324
1,508

52,391

2018
£

(938,498)
(27,880)

(966,378)

2018
£

225,629
89,061
358
161,000

476,048

2017
£

49,968
12,162
862

62,992

547,655
-
8,261

618,908

2017
Number

3

2017
£

48,342
175
1,451

49,968

2017
£

870,369
15,478

885,847

2017
£

347,333
60,102
1,720
138,500

547,655

11 TANGIBLE FIXED ASSETS

Cost	Freehold land and buildings £	
Additions	158,866	
At 31 December 2018	158,866	
Carrying amount		
At 31 December 2018	158,866	

12 DEBTORS**Amounts falling due within one year:**

	2018 £	2017 £
Other debtors	7,000	375
Prepayments and accrued income	296	1,465
	7,296	1,840

13 FINANCIAL INSTRUMENTS**Carrying amount of financial assets**

	2018 £	2017 £
Debt instruments measured at amortised cost	7,000	2,675
Equity instruments measured at fair value	10,455,097	11,939,110

Carrying amount of financial liabilities

Measured at amortised cost	147,435	309,451
----------------------------	---------	---------

14 FIXED ASSET INVESTMENTS

	Listed investments £	Other investments £	Total
Cost or valuation			
At 1 January 2018	11,939,110	2,300	11,941,410
Additions	132,365	-	132,365
Valuation changes	(938,498)	-	(938,498)
Disposals	(677,880)	(2,300)	(680,180)
At 31 December 2018	10,455,097	-	10,455,097
Carrying amount			
At 31 December 2018	10,455,097	-	10,455,097
At 31 December 2017	11,939,110	2,300	11,941,410

Other investments comprise:

Loans	-	2,300
-------	---	-------

Investments at fair value comprise:

	2018 £	2017 £
Charifund	2,658,088	3,546,109
Charishare	1,157,988	1,317,045
Schroders Charity Multi Asset Fund	1,883,939	2,158,836
Newton Growth Fund for Charities	671,189	771,224
Newton Growth & Income Fund for Charities	4,083,893	4,145,896
	10,455,097	11,939,110

15 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Other creditors	143,435	305,671
Accruals and deferred income	4,000	3,780
	147,435	309,451

16 OTHER CREDITORS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Other creditors	987	445
Grants approved not yet paid	142,448	305,226
	143,435	305,671

17 GRANTS PAYABLE

	Note	2018 £	2017 £
The analysis of grant funding for the period is as follows:			
Grants approved not yet paid - brought forward		305,226	166,133
Grants approved in period	8	476,048	547,655
Grants paid in period		(638,826)	(408,562)
Grants approved not yet paid - carried forward	16	142,448	305,226

18 RETIREMENT BENEFIT SCHEMES

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund. The charge to profit or loss in respect of defined contribution schemes was £1,508 (2017: £1,451).

19 NON-AUDIT SERVICES PROVIDED BY AUDITOR

The auditor, Whittle & Partners LLP have processed the charity's payroll from information provided to them (note 10).

20 OPERATING LEASE COMMITMENTS

	2018 £	2017 £
At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:		
Within one year	1,188	7,938
Between two and five years	2,079	7,014
	3,267	14,952

21 RELATED PARTY TRANSACTIONS

No guarantees have been given or received.

During the year, Peter Fitt Chartered Accountants, a business in which P W E Fitt, a trustee of the charity, has an interest provided accountancy services without charge.

During the year, Birkett Long LLP, a business in which K Songhurst, a trustee of the charity, has an interest provided conveyancing services. This work was charged on an arm's length basis at normal market rates.

22 CASH GENERATED FROM OPERATIONS

	2018 £	2017 £
(Deficit)/surplus for the year	(1,110,070)	672,496
Adjustments for:		
Investment income recognised in profit or loss	(406,078)	(402,832)
Loss/(gain) on disposal of investments	27,880	(15,478)
Fair value gains and losses on investments	938,498	(870,369)
Movements in working capital:		
(Increase) in debtors	(5,456)	(124)
(Decrease)/increase in creditors	(162,016)	136,997
Cash absorbed by operations	(717,242)	(479,310)



DIRECTORS

C Hayward
N J Busfield
P W E Fitt
M P Hickman
M F Pertwee
T P Rudra
K Songhurst
E Thrower

PRESIDENT

A H Frost

HON LIFE MEMBERS

R W Griffin
E Hall
C F Pertwee
B Walsh
R W Whybrow
A Livesley

OTHER HONORARY MEMBERS

M Hart
D Parnell
C Perry

MEMBERS

S Alexander
S Avery
J Blomeley
C Booth
V Downing
J Fulford
P G Glossop
A Hudson
S Johns Green
T J R Gordon
D E Lodge
D Lyons
A Saxon
Mayor of Colchester (ex officio)
M Vernon
K Miles
M White
L Nicholl
V Wiggins
M Perrins
A Woolf
M Robinson
J Wright
T Rudling

**COLCHESTER
CATALYST CHARITY**
14 Dedham Vale Business Centre
Manningtree Road, Dedham,
Colchester, Essex, CO7 6BL

01206 323420
info@colchestercatalyst.co.uk

Criteria For Grant Making

OBJECT

Colchester Catalyst Charity aims to improve the health of people living within the CO postcode areas by making a positive and ongoing contribution to the improvement of healthcare services in this region, specifically where help is not available from statutory organisations.

POLICY

The over-riding concern of the Charity is to provide support where it will benefit the greatest number of people, principally by direct contributions to organisations for specific and well defined projects, including therapeutic aids, equipment and buildings for medical or nursing care.

The charity recognises the need of some disabled people for specialised equipment. Where it is established that such equipment is not available from statutory organisations a contribution may be made to the cost involved.

General funding or contribution to staff or other running costs are excluded but recognising the often overlooked needs of carers the Charity will consider funding respite care provided the care period is well defined, carefully controlled and readily monitored.

Where financial help is given the Directors will satisfy themselves that satisfactory management and organisations exists to ensure that the money is properly used and in the case of equipment, that it can be efficiently operated and maintained.

SUPPORT

In appropriate cases a grant or loan may be offered for full or part-funding of a project or equipment. No form of retrospective funding can be considered.

TWO THOUSAND AND EIGHTEEN



www.colchestercatalyst.co.uk

01206 323420

info@colchestercatalyst.co.uk

14 Dedham Vale Business Centre, Manningtree Road, Dedham, Colchester, Essex, CO7 6BL
Charity No. 228352 Company registration No. 634588 (England & Wales)